

2019-20

NUNAWADING SPECTRES



PLAYER AND PARENT HANDBOOK



Representing Nunawading Spectres.

Nunawading has a proud history, from very humble beginnings fifty five years ago, to become one of the most successful junior basketball programs in Australia. Many of our players have gone on to play and coach at the highest level of basketball in Australia and overseas. These names include Shane Heal, Jason Smith, Brian Goorjian from the Boys Program and players such as Penny Taylor, Sam Richards, Carly Wilson, Jenna O'Hea, Bec Allen and Alannah Smith and Opals Coach Carrie Graf from the Girls Program. We also have numerous past and present players playing college basketball in the US.

All players who accept a position to represent Nunawading Spectres must be aware of the high expectation that comes with playing for such a prestigious Club and commitment to excellence.

We seek to be the most successful Junior Basketball program in Australia

We currently have teams competing in the Under 12, 14, 16, and 18 Victorian Junior Basketball League on Friday nights.

The Spectres program offers players the opportunity to compete in State and National Championship competitions, as well as Local and Interstate Tournaments throughout the season.

Whilst representative basketball requires a large commitment by players and parents alike, it also offers many rewards. Many strong friendships have been forged during the years at Nunawading. We encourage you to become involved with your child and his or her team mates and parents, get to know the other members of the team, to laugh and to enjoy each other's company during the year ahead, to celebrate the wins and encourage the good that will come from any losses. But most of all, I encourage you to have fun!!

I wish you all an enjoyable and fulfilling year ahead.

Regards,

Michelle Gow

Chairperson - Nunawading Spectres Junior Committee



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1.0 Meeting Schedule

This year we have scheduled several meetings to keep players, families and volunteers up to date and informed on the year ahead. All meetings have also been noted in our calendar included in the handbook.

During tryouts:

- **Sunday 6th October 2019 9:00am – Hall of Fame - New Parents & ALL Under 12 Parents required**

ALL Under 12 and ALL new parents to Representative Basketball are required to attend this meeting. We will be discussing the commitment required for Representative Basketball and also covering important information for the season ahead.

- **Sunday 6th October 2019 1:30pm - Hall of Fame ALL Under 18 Parents**

This meeting is for all parents of Under 18 participants outlining our Under 18's pathway. We will be sharing information on the pathway to our Senior program that is available for our Under 18 players.

Following Team Selection

- **Sunday 10th November 2019 9:30am – Conference Room Team Managers Meeting**

Once Team Managers have been approved, ALL Team Managers are required to attend this meeting to complete Required Documents and collect vital information for the season ahead. We will have committee available to answer any questions you may have.

- **Sunday 10th November 2019 10:45am – Court 1 Parent Meeting - ALL Parents required**

On Sunday 10th November, Parents are required to attend this meeting. Parent, Player and Spectator behavior will be outlined and also discussed will be the Basketball Victoria Code of Conduct. Club Expectations will be outlined and processes that are in place to handle any issues that may arise during the season. At least one parent from each family is required to attend one of this meeting.

*All meetings will be held at Nunawading Basketball Centre

1.1 Playing Representative Level Basketball

The Nunawading Junior Spectres Program provides an opportunity for players who wish to enhance their skills by competing in higher levels of basketball competition. This competition is called Championship or Representative Basketball. "Representative Basketball" is the competition run by the governing body of Basketball in Victoria – the VJBL.

The Nunawading Spectres Junior program seeks to introduce players to an elite level of team sport. As an elite program there is no expectation that players will receive equal playing time. Team Coaches are committed to developing each player. Development of a player does not occur solely during games. Players are developed in team trainings and are encouraged to further this development in private practice sessions with or without a coach. Team Coaches aim to give players a reasonable amount of court time. A reasonable amount of court time is not equal time. The amount of time should be measured and considered over a complete season. There may be times when a player receives extra time and others where he or she receives less. Court time is dictated by game conditions, opposition match ups, player attitude and attendance at both training and games, injuries and other considerations. Participants in the Nunawading Spectres program are encouraged to view the entire program (training and games) over the entire season when considering reasonable playing time.

MEBA - Participation Policy

It is Mandatory that all players who represent Nunawading Junior Spectres are registered and playing (with enough games played, to qualify for finals) for a domestic club within the MEBA competition (e.g. mid-week or Saturday competition) in both the summer and winter seasons.

All new players have until the winter domestic season to make arrangements to play.

Any request for variation of this policy must be applied for in writing and submitted. A written exemption request must be submitted to the Administrator of the Junior Spectres Committee for consideration, no later than October 31st 2019. A copy of this policy is also available by emailing the club Administrator or can be downloaded from the website.

1.2 Playing Times and Venues

Representative Basketball is played every Friday night with the exception of the middle week of school holidays and over the Christmas holiday period. Game times start from 6.30pm for the younger age groups (very occasionally VJBL may schedule 6.00pm start times) through to a 9.40pm start for the older age groups. At present, the "Rep Ball" season is played for nearly twelve months, commencing mid-November and going thru to September the following year. There are 3 Phases of competition played throughout the year:

- a. Practice Matches/Pre Grading (November)
- b. Grading Season (November – March)
- c. Championship Season (March – September)

When you accept a position in a team, you are agreeing to be available for all scheduled VJBL Grading/Regular Season/Finals games and compulsory Tournaments throughout the year. If you foresee that you will not be available for any games from now until after the Grand Final (18/9/2020) or for either of the two compulsory tournaments, please advise the Director of Coaching or Junior Coordinator immediately as this may affect team selection.

Nunawading Spectres teams play their home games at Nunawading Basketball Centre and Sportlink (Vermont South).

In general though, qualified teams will play games on a "home and away" basis which can include some country teams. This generally means travel throughout the season to any of: Dandenong, Diamond Valley, Frankston, MSAC (Albert Park), Eltham, Coburg, Sandringham, Keilor, Knox, Broadmeadows, and Bulleen to name but a few. There may be longer trips to play against country teams ie: Geelong, Warragul, Traralgon, Bendigo, Ballarat etc

1.3 Training

Compulsory team training sessions are conducted on Sunday mornings throughout the season and are for a minimum duration of 1.25* hours. Teams will also have a midweek training session, which are held between 5.00pm and 10.00pm for a minimum duration of 1 hour*. This session will be arranged through the coach as to what best fits the team. Midweek training/games with your domestic club/team should come first, and this must be discussed with your coach. (*Subject to Coach and court availability)

All players are expected to attend every Spectres Training Session and Games (including injured players). If you are unable to attend a session you must phone your Coach or Team Manager prior to the session to explain the reason.

In addition to the two team training sessions, we will also be running optional skills based training sessions for all players on a Sunday morning. Under 12's and 14's will be together at Nunawading and will be skills oriented. Under 16's and 18's will train together at Forest Hill and will be position based training. This additional training is included in the registration fee and head coaches will run the sessions so all players can train with various coaches and players from all teams. This is a chance for players to get the most out of their registration fees and development.

Training sessions run from 15th October 2019 through to September 2020 with Midweek training occurring every week during normal school terms and Sunday trainings (which occasionally may be in the form of practice matches or some form of organised team activity/meeting/event) occurring every Sunday with the exception of Public Holidays, first and middle Sundays of published Victorian Public school holidays and Sundays from Mid December 2019 to Mid-January 2020.

Mid-week training times/days will be notified following finalisation of teams and liaison with coaches as to their and the programs requirements.

The following is a guide to the anticipated time ranges that age groups will be training on Sundays for the 2019-20 season. There will be no changes to this schedule (except unforeseen circumstances relating to coaching staff only, or as noted below), so please take this into consideration prior to attending try outs and accepting a place in a team. Note that Sunday team training is compulsory for every player.

This year we are using the following venues for Sunday Trainings – Nunawading Basketball Centre, Forest Hill Secondary College and Sportlink. Teams will have a shared court for a 1.25 hour session, over 2 time sessions with the third session being the skills based/position based optional training. Teams may rotate venues on a term by term basis to enable all teams to train at different venues over the course of the year.

Session 1 - 8:00am-9:15am – Team Training - All Under 12's and 8/10 under 14 teams.

Session 2 – 9:15am-10:30am – Team Training - 2/10 Under 14 Teams and all Under 16 & Under 18 teams.

Session 3 – 10:45am-11:30am – All players Optional Skill based training.

If the Coach of your team requires EXTRA training sessions outside of the allocated hours then it MUST be sought through the Venue Coordinator (Mark Hallett – 9802 6711). All extra trainings must be paid for in advance. Any costs incurred in holding extra training sessions are to be covered by the team. The Team Manager will be advised of this cost and is to collect the extra money from parents.

1.4 Tournaments

During the year, Nunawading Spectres teams are entered in various tournaments.

The program requires that each team enter the following two compulsory tournaments.

January Tournament (Australia Day weekend)

Tournament: Eltham/Dandenong

Cost: From 2020, the team entry fee now includes Player/spectator entry, therefore the Team are responsible for paying the team entry via collection from players.

June Tournament (Queen's Birthday weekend)

Tournament: Nunawading Spectres

(Unless the team is invited to attend the 'National Junior Classic Tournament')

Cost: Team entry fee (including player/spectator entry) is covered by the club

Attendance at additional tournaments (local or perhaps interstate) will be encouraged, but it will be up to each individual coach and team to decide whether to attend any of these - in consultation with the Director of Coaching and the program coordinator. These tournaments are at an additional cost that the team pays.

The success of our own Nunawading tournament is dependent on the willingness of volunteers to be involved with the planning and running of the event. It is Mandatory that ALL parents will be rostered 'on duty' for approximately four hours during the Nunawading tournament at one of the venues.

1.5 Events

Presentation Day

The 2019/20 Junior Spectres Presentation Day will be held on Sunday 23rd August 2020 from 11am (TBC). At Presentation Day we present one player from each team with the Spirit of Spectres Award as chosen by their coach. The afternoon is also the Graduation for our Senior Under 18 Players with two of these players being chosen for the Keith Jenkins Medal as selected by our Director of Coaching. Prestigious coaches' awards will also be presented. Last year we had a great day with most of our players and their parents in attendance. We look forward to seeing you there.

Photo Day

The club will hold its Annual Photo Day early next year on Sunday 1st March 2020. All players must attend in full uniform. Team photos and a Whole Club Photo will be taken and available for purchase. Team Managers will provide details closer to the day.

1.6 Contacts

Primary Contact:

Program Administrator	Melissa Chesterfield	jspadmin@nunawadingbasketball.com.au
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Other Contacts:

Chairperson	Michelle Gow	jspchair@nunawadingbasketball.com.au
Vice Chairperson/Pastoral Care	Alex Gaythorpe	jspvicechair@nunawadingbasketball.com.au
Director of Coaching	Tamie Harvey	via the program administrator or coordinator
Treasurer	Mark Hallett	mark@nunawadingbasketball.com.au
Junior Coordinator	Sharna Smith	jspcoord@nunawadingbasketball.com.au
Uniforms	Lorraine Baxter	jspuniforms@nunawadingbasketball.com.au

***Please note that any queries MUST first come through our Program Administrator who will then forward to the appropriate person/s.**

Under no circumstances are any players, parents, coaches or team managers to contact VJBL directly.

1.7 Fees

It is important that all families realize that Representative Basketball is a privilege. It costs significant money to provide a high quality program and it is policy of the Spectres that ALL players pay their fees. Fees for the 2019-20 season are listed below.

2019/20 JUNIOR SPECTRES FEES

Please be advised that Junior Spectres Registration fees for the 2019/20 season will be \$650 per child.

Fees are due in 2 instalments and **must** be paid by the below dates: If payment is not made for either instalment, a late fee of \$25 per player will apply and your position in the team may be suspended. Upon Acceptance of a position, there is an Acceptance Fee which is 50% of registration fees. This is the First Instalment.

Registration Acceptance Payment #1 \$325 Due no later than Thursday 17th October 2019

The registration acceptance link will be emailed upon finalisation of teams and constitutes acceptance of your place in the Nunawading Spectres Program for 2019/20 season as well as payment of 50% fees. If this acceptance is not received by the time specified, the player will not be accepted into the program and the place may be offered to another player.

Payment Instalment #2 \$325 Due no later than Sunday 2nd February 2020

Instalment 2 can be made via an electronic link that will be emailed prior to the instalment being due. If payment is preferred to be made earlier, please see the program administrator on a Sunday morning where payments can be facilitated.

Payment plans are not available

Registration Fees Include:

- Team Registration & Coach Fee
- Specialist Coaching & Development
- Midweek & Sunday Training Court Hire
- Skills based Sunday Training sessions including Coaching fees
- Pre-Season/Try-Out Practice Match Team Sheet Fees
- Subsidising of Nunawading Tournament/National Junior Classic (Queens Bday weekend)
- Nunawading Tournament T-shirt
- Free Entry for Players to all Spectres NBL1 & Youth League Home Games

Registration Fees Do Not Include:

- Additional Training over allocated times
- Weekly Team Sheet Fees (approx. \$6 per game per player)
- Stadium Entry – Stadium entry fees needs only to be paid at one venue per night. Inter-venue passes are available for those who are required to travel to multiple venues. These are available at the ticket box of each association on game night.
- Uniform
- Eltham Dandenong Australia Day Tournament Team Entry fee (now includes player and spectator entry fee)
- Non Compulsory Tournaments

NOTE: If a player accepts a position within the Nunawading Spectres Junior Program, they will be bound by the fees as listed and **no refund** will be given at any stage once the player has accepted their position. This will cover all reasons including injury. This is due to acceptance of a position precluding a possible other player from playing.

Fundraising

For the 2019/20 season, the Junior Spectres Program will be required to complete one fundraising project, this being our own JSP Tournament Raffle. Each Family will be expected to fully sell one \$30 book (15 tickets x \$2). (As per our "Under 14 National Policy", the G14.1 and B14.1 teams may be required to undertake other fundraising activities).

1.8 Training Only & 11th Players

Training Only

Occasionally coaches will select a player as a Training Only Player to enable the player continued development within our Elite Program. Training Only positions are offered to those players who, with a season of training will gain greater knowledge of the requirements of representative basketball and put them in good stead for the following season. There is no guarantee that by accepting the Training Only position, that this will help in the selection process for the following season. The following information outlines the responsibilities and the commitment involved in being a Training Only Player.

- As a Training Only Player, you are expected to commit to both weekly training sessions. The Sunday and midweek training sessions run for a minimum of 1 hr each. You are able to join the optional skills based training sessions.
- You are welcome to attend the games, but this is not an expectation
- You will not be able to sit on the bench at games
- You cannot play in any games or Tournaments
- You will not be registered with VJBL
- The Fees for a Training Only Player will be \$350 for the season
- Training Only Players are required to purchase the Training Uniform only. No additional player uniform items can be purchased.

11th Players

The below information will outline the responsibilities and the commitment involved in being that 11th player in a team. As you are the 11th player, there are NO guarantees on the amount of court time you will receive in any games played. You will have the opportunity to play with your team if another player is away, injured or unwell but this is at the discretion of your coach.

- As the 11th player, you are required to attend both weekly training sessions. The midweek training session runs for 1 hr and the Sunday training session runs for 1.25hrs and are able to join the optional skills based training sessions.
- You are expected to attend games, sitting on the bench with your team mates
- You do not play on a rotational basis
- You can play for injured/unwell/absent players if your coach requires you to. This is at the discretion of your coach.
- You can play in Tournaments your team is registered to participate in
- You will have to contribute to team Sheet fees on a "per game played" basis (the fee will be determined by the team but will be no more than \$10 per game)
- You will be registered with VJBL

The registration fees for being the 11th player will be \$550 for the season. You will also be required to purchase the FULL Compulsory uniform at a cost of \$175. This consists of the training and playing uniform and a warm up top and hoodie.

There is no guarantee that by accepting the position of the 11th Player, that this will help in the selection process for the following season.

1.9 Uniforms

ALL SPECTRES PLAYERS, both playing and Training, MUST BE IN FULL UNIFORM AT ALL TIMES WHEN REPRESENTING THE PROGRAM. THIS INCLUDES PLAYING UNIFORM AND WARM UP TOP AT ALL GAMES. NO STREET WEAR OR OTHER SPECTRES GEAR/SUPPORTER WEAR IS TO BE WORN TO GAMES OR TRAINING.

If players are not in correct full uniform they cannot take to the court to train or play.

Uniform order Days for players will be held at Nunawading Basketball Centre on:

New Players – Sunday 13th October 9am-1pm
Existing Players - Friday 18th October 6pm-9pm

These are the only two days in which to place your order. Goods must be fully paid for at the time of ordering.

2020/21 – New Uniform Note:

2019/20 sees the end of our current uniform cycle. Representative uniforms are replaced approximately every 5 years where we change all items in both the Senior and junior programs. Therefore for the duration of 2019/20, all uniform items will be sold at cost. We have anticipated the needs for the program for this final year and should have all required items in stock on the uniform order days. We do not intend to re-order stock during this final year, therefore whilst items will be available following the uniform order days, once the stock runs out, there will be no further availability. New player orders will be fulfilled first with existing players following. Please keep this in mind when determining if your child's uniform needs replacement as the new uniform for 2020/21 season will be compulsory for all players. Unlike domestic uniforms, there will be no phasing in period.

New players will be required to purchase (at a minimum) the minimum Pack which includes Playing Singlet, Playing Shorts, Warm Up Top, Training Singlet and Training Shorts or Running Shorts. This uniform pack will be at a reduced cost of \$175.

COMPLUSORY PLAYING UNIFORM	
*Spectres Playing Singlet: Blue	\$40.00
*Spectres Playing Shorts	\$40.00
*Spectres Warm Up Top – Long Sleeve	\$45.00
COMPLUSORY TRAINING UNIFORM	
*Spectres Reversible Training Singlet	\$25.00
*Training Shorts OR Running Shorts	\$25.00
TOTAL:	\$175.00
ADDITIONAL PLAYING UNIFORM (Optional for 2019/20 Only)	
*Spectres Hoodie	\$45.00

*The uniform Coordinator will supply the Team Manager an alternate/clash singlet set for players to wear at games when required during the season.

It is a requirement that all Spectres players own a foam/firm roller. (Excluding Under 12's)

Foam Rollers will also be available for purchase on the above days starting from \$35 for the soft roller and \$45 for the firm roller.

Additional items are available for purchase – Player Backpack \$60, Player Bag \$60 with embroidered name \$70, water bottle \$10, socks \$15 per pair (black and white), hat \$25.

Our Uniform shop will be open some Sunday mornings during the season from 9am – 11am to purchase items. Items can also be ordered during the week by contacting our Uniform Coordinators as listed.

All uniform matters must be to be directed to our Club Uniform Coordinator: Lorraine Baxter –
Jspuniforms@nunawadingbasketball.com.au

1.10 Team/Player/Spectator Conduct

Team Conduct

If you have a query regarding the conduct of your TEAM, please adhere to the following protocol. Firstly, please respect that everyone in the Nunawading Spectre program is doing their best to contribute to a successful program. Please approach the relevant contact person with respect, at all times seeking a constructive discussion. If the query is of an administrative nature, the Team Manager will try to give you the answer. If the query relates to team selection, game management, bench time etc. please ask your Team Manager to schedule a meeting with your Team Coach. This contact must NOT be commenced for a period of 24 hours from the completion of a game or training. You are encouraged to present your query and listen to the Team Coach and then support the meeting outcomes moving forward. If, after implementing the suggestions of the Team Coach for a period of at least 14 days, you are not satisfied with the outcome of the meeting you can request that the Team Manager arrange a meeting with the Age Group Head Coach. You are encouraged to present your query and listen to the Age Group Head Coach and then support the outcomes moving forward. If, after implementing the suggestions of the Age Group Head Coach for a period of at least 14 days, you are not satisfied with the outcome of the meeting you can request that the Team Manager arrange a meeting with the Spectres Program Coordinator, currently Sharna Smith. The Spectres Program Coordinator can attend a meeting with you or arrange for another Spectres Administrator to attend a meeting. You are encouraged to present your query and listen to the Spectres Program Coordinator or other Spectres administrator and then support the outcomes moving forward.

In a small number of cases each year the process above is not followed. Moving forward the decision has been made to strictly enforce these steps. If a player or parent does not respect this process or makes contact within 24 hours of the completion of a game or training, a first warning will be issued. If the behaviour continues, sanctions, such as game suspension will follow.

During the process outlined above the player, parents, coach and administrators are encouraged to deal with all queries in a constructive and informal manner. In the unfortunate situation that the query cannot be resolved informally you can make a formal grievance through the Spectres Grievance Policy (available via email from the program coordinator or download from the website) which must be strictly followed.

We encourage all parents to attend games and training sessions to share the enjoyment of the game and to gain a greater understanding of the drills.

Technical Fouls

Behavioural Tech Foul Penalties Coaches, Assistant Coaches & Players – VJBL Policy

- Coaches, assistant coaches and players who receive behavioural technical fouls in 3 or more games during the VJBL playing calendar year will have the following penalty applied.
 - Tech Fouls in Three Games: Automatic 1 Game Suspension
 - Tech Fouls in Four Games: Automatic 2 Game Suspension
 - Tech Fouls in Five Games: Automatic 4 Game Suspension
 - Tech Fouls in Six Games: Automatic 6 Game Suspension

Nunawading Junior Spectres Policy

- For 2019/20 Nunawading Spectres have introduced an internal suspension for players and coaches once they receive a behavioral technical foul in two games (as advised by VJBL). This suspension will take place following notification from VJBL of any player or coach that receives a technical foul in two games during the season (encompassing grading, championship and finals). Players/Coaches will be notified by the JSP administrator and will be unable to play/coach the next game immediately following notification. Players & Coaches must continue to attend trainings. Following the internal suspension players can immediately return to playing/coaching and if they receive a 3rd technical foul, the VJBL suspension will apply.

VJBL Spectator Requirements

- At no point before, during or after a game are spectators permitted to approach a referee.
- All spectators must abide by the BV Spectator Code of Conduct.

- If asked to leave the venue by a venue official, spectator/s must do so immediately, or reports and loss of games may be applied.

VJBL Spectator Penalties

Reportable Offences

- After reviewing the Spectator Behaviour - Jot Form (and Tribunal Report Forms where completed) the following procedures will be followed:

If a formal report is not submitted, a review of the Spectator Behaviour - Jot Form may indicate a formal report is required.

- Basketball Victoria's Governance & Operation Manager or VJBL Operations Manager will ask the Referee and/or Venue Official to complete a formal report.
- Once the report is received, an offer may be made by the Basketball Victoria Governance & Operations Manager, or the report will be sent directly to the tribunal.
- Alternatively the Basketball Victoria's Governance & Operation Manager may direct the VJBL Administration to apply appropriate penalties as stated below.

Non Reportable Offences

- The MUVJBL Administration will issue a warning for the first offence.
- The MUVJBL Administration will apply an automatic suspension of one MUVJBL game for the second offence.
- The MUVJBL Administration will apply an automatic suspension of three MUVJBL games for the third offence.
- The MUVJBL Administration may ban the spectator from attending MUVJBL games for 12 months for any further offences. Once a spectator has served their penalty, they will be required to serve a 12 month good behaviour bond before resetting penalties to zero.

Team Penalties

It is the team's responsibility to ensure that all spectators abide by the Basketball Victoria Codes of Conduct and By-Laws. Penalties will be applied to the team involved with unacceptable spectator behaviour.

- First Offence – The team will receive a warning.
- Second Offence – The team may lose home games.
- Third Offence – The team may have home games moved to a venue designated by the MUVJBL Administration.
- Fourth and Further Offences – The team may be removed from the competition.

These Offences may be committed by more than one spectator to count against the team.

Nunawading Junior Spectres Policy

- Unsportsmanlike behavior will not be accepted from players or from parent/spectators. Nunawading Spectres will uphold the Basketball Victoria Codes of Conduct at all times. The MEBA board has ratified a 3 strike policy for breaches of the Basketball Victoria code of conduct. This policy is available on the Nunawading Basketball website or by emailing the JSP administrator. The Junior Spectres committee has a process in place to review and investigate any reported breaches. Please report any breaches directly to the JSP administrator or to the program coordinator. We suggest everybody familiarise themselves with the BV codes of conduct

Please read the Basketball Victoria **'Players' Code of Conduct'** and the **'Parents' Code of Conduct'**, this can be found at the following link: http://basketballvictoria.com.au/wp-content/uploads/2016/02/BV-ALL_Codes_of_Conduct.pdf

Note: VJBL Policies are set by VJBL and therefore may be subject to changes that we are not currently aware of.

1.11 Player Welfare

Nunawading Spectres are committed to supporting the physical and mental wellbeing of each player. Nunawading Spectres consider the term 'injury' to include all physical injuries as well as mental health issues. As such the term 'injury' includes physical injuries which can range from soft tissue strains and tears, joint pain and damage through to serious injuries such as concussions. Injury also includes mental health issues such as anxiety, stress, depression and serious disorders.

At all times Nunawading Spectres, the player and parents must deal with injuries in the following manner:

If a player suffers an injury it must be immediately reported to the coach. The player must immediately cease any activities (including training and playing) that are, or may be, contributing to the injury. The player must seek professional assistance from a relevant health professional (for example physiotherapist, doctor, psychologist etc). The player will be released from participating in training and games during his or her treatment. If the injury is not exacerbated by attending training and games the player is encouraged to attend and support his or her team (whilst not physically participating).

When a health professional considers the injury to be dealt with in such a way that the player can resume training and playing, a medical certificate will be required to be delivered to Nunawading Spectres. Nunawading Spectres considers it best practice that a player resumes his or her role in the team by training for 2 weeks prior to commencing game play. This period can be extended should the Coach, player or parents consider it an advantage to have a longer period of training prior to games recommencing. It is very common that the player will play limited minutes in a number of games once he or she recommences game play.

In the incidence of a serious head knock during a game or training the player must cease training or playing immediately and not re-commence. The player must not train or play again until a medical practitioner clears him or her of concussion. The Basketball Australia guidelines must be followed at all times for head injuries and are set out as follows

<https://australia.basketball/wp-content/uploads/2014/05/Concussion-Guideline.pdf>

Medical Certificates

VJBL rules outline requirements for player qualification for finals:

5. Player Qualification

5.1 Qualification for Finals:

To be eligible to represent a team in finals, a player must play a minimum of 40% of games with that team. In the case that 40% would not be a round number then the total will be rounded up (i.e. 7.2 games would become 8 games). This ruling is applicable across all division of the Victorian Junior Basketball League as well as the Regional Grades.

5.1.2 Demonstration of Games Qualification

For the sole purpose of game qualification a player shall be considered to have played in that particular game when the player is in uniform and able to take the court, and signs the back of the scoresheet in a manner that permits identification, in his/her own hand on the day of the match, beside their name in BLOCK LETTERS.

5.1.3 Exemptions: (Finals)

If a team can convince the VJBL Administrator they cannot field eight (8) qualified players for VJBL Grades and seven (7) qualified players for VJL/Regional Grades the Administrator may grant permission for a player from a lower grade or age group to play. The player from the lower age group must not be from a higher grade.

Medical certificates may be accepted as evidence of injury/illness and can be used for exemption to game qualification criteria only if the medical certificate is submitted WITHIN FOURTEEN (14) DAYS OF THE DIAGNOSIS/INJURY.

1.12 General Information

Volunteering Information

Players and Parents will be required to provide assistance for our hosted Tournament in June 2019.

1. Teams (parents) will be rostered on duty to help out with our June (Queens Birthday) Tournament. Tournament rostering will involve approximately 3-4 hours of duty over the June long weekend. Duties may include court sweeping, administration, court supervision and general overseeing of the venue. All families are required to participate.

Helping with Scoring

All parents must hold a current Working with Children's Card are expected to score at Friday night matches during the season. The Team Manager will arrange someone to sit with you if you are not a confident scorer. Scoring in basketball is a great way to learn about the game. Scorers are **not** provided at venues (except for some finals games), and so each team must provide a scorer for each game. The coach cannot do it, the Team Manager has his/her hands full organising the team sheet and players, so it is up to the parents to pitch in and help, even if you have not scored before.

Scoring is a necessary part of the game and should be performed by competent scorers. The Team Manager will usually draw up a scoring roster for the Team's games and all parents are expected to take their turn - if you have not scored before, a competent scorer will be able to help you when it is your turn.

As many VJBL games employ a "24-second shot clock" rule, it may also be required that a person help operate the "shot clock" during those games played at Spectres home venue(s).

Inter Venue Passes

Passes are available at all stadiums and should be requested if you intend to go to another stadium on the same night. Parents and spectators pay at one venue only, and must obtain a pass to enter the next venue free of charge.

Inter-venue passes are available to both spectators and players, with the exception that a player MUST pay at the venue at which he/she is PLAYING irrespective of whether an entry fee has been paid at an earlier stadium as a spectator

Websites

NUNAWADING SPECTRES	www.nunawadingbasketball.com.au
MELBOURNE EAST BASKETBALL ASSOCIATION	www.nunawadingbasketball.com.au
BASKETBALL VICTORIA	www.basketballvictoria.com.au
VJBL	www.vjbl.com.au

SPONSORSHIP

The club is always on the lookout for potential sponsors.

If you, or someone you know may be interested in the prospect of promoting a business to over 300 families within the club as well as approximately 17,000 players, parents, spectators who come to the Melbourne East Basketball Association games each week, then please contact Paul Flynn (Operations Manager, paul@nunawadingbasketball.com.au or 9802 6711) to discuss a proposal. There are many sponsorship opportunities available that can be tailored to suit your needs.

Spectres Pathway

The Spectres Senior Teams playing policy is unique in the Senior Spectres Program (SEABL/Youth League/U20's). The Spectres teams limit outside recruitment to ensure that a minimum number of players from the MEBA/Junior Spectres are within the team's roster. This policy rewards players who are loyal to the program. Other clubs have attempted a similar policy, but no club at the SEABL level can boast a team with as many home grown juniors. In other SEABL clubs, many junior club players are overlooked when they make the step to seniors, making way for interstate players, or players from other Associations. Not at Nunawading, where all Spectres players are protected by this policy. The Development League teams provides a vital stepping-stone into the senior ranks, with an under 23 policy in place to secure spots for Nunawading Juniors. All senior coaches are committed to working with the junior coaches on player development. Players are encouraged to attend as many senior games as possible.



1.13 Nunawading Junior Spectres Calendar 2019-20

October 2019	
Sat 5 th	Try Out Stage 1 – Details at www.nunawadingbasketball.com.au
Sun 6 th	Try Out Stage 1 – Details at www.nunawadingbasketball.com.au New Parents & U12 Parents Meeting Under 18 & Parents Meeting
Tue 8 th & Wed 9 th	Try Out Stage 2– Details at www.nunawadingbasketball.com.au
Fri 11 th	Try Out Stage 3 – Details at www.nunawadingbasketball.com.au
Sun 13 th	Try Out Stage 4 – Details at www.nunawadingbasketball.com.au Uniform Try Out Session – New Players Mouthguards Victoria – Onsite for mouthguard orders 9am – 11.30am
Mon 14 th	Phone call notifications of team selections
Tue 15 th – Thu 17 th	Mid-Week Training
Thu 17 th	Player Acceptance & First Instalment Fees Due
Fri 18 th	Uniform Try Out Session – Existing Players In house games/training
Sun 20 th	Practice Matches vs Hawthorn
Mon 21 st – Thu 24 th	Mid-Week Training
Fri 25 th	Practice Matches vs Sandringham
Sun 27 th	Sunday Team Training
Mon 28 th – Thu 31 st	Mid-Week Training
November 2019	
Fri 1 st	Practice Matches vs Casey
Sun 3 rd	Sunday Team Training Skills Based Training Session
Mon 4 th – Thu 7 th	Mid-Week Training – NO TRAINING Tuesday 5 th – CUP DAY HOLIDAY
Fri 8 th	Practice Matches vs Kilsyth
Sun 10 th	Sunday Team Training Skills Based Training Session Team Managers Meeting Parents Meeting – All parents required
Mon 11 th – Thu 14 th	Mid-Week Training
Fri 15 th	Pre Grading Games / Team Training
Sun 17 th	Sunday Team Training Skills Based Training Session
Mon 18 th – Thu 21 st	Mid-Week Training
Fri 22 nd	Grading Phase 1 – Round 1
Sun 24 th	Sunday Team Training Skills Based Training Session
Mon 25 th – Thu 28 th	Mid-Week Training
Fri 29 th	Grading Phase 1 – Round 2
December 2019	
Sun 1 st	Sunday Team Training Skills Based Training Session
Mon 2 nd – Thu 5 th	Mid-Week Training
Friday 6 th	Grading Phase 1 – Round 3
Sun 8 th	Final Sunday Team Training before Xmas break Skills Based Training Session Free Players & Families Xmas Welcome BBQ
Mon 9 th – Thu 12 th	Final Mid-Week Trainings before Xmas break

Fri 13 th	Cross Over Game 1 Grading Phase 1
January 2020	
Sun 19 th	Sunday Training Resumes Sunday Team Training Skills Based Training Session
Fri 24 th – Mon 27 th	Eltham/Dandenong Australia Day Tournament
Tue 28 th – Thu 30 th	Mid-Week Training Resumes
Fri 31 st	Grading Phase 2 – Round 1
February 2020	
Sun 2 nd	Sunday Team Training Skills Based Training Session 2 nd Instalment Fees Due
Mon 3 rd – Thu 6 th	Mid-Week Training
Fri 7 th	Grading Phase 2 – Round 2
Sun 9 th	Sunday Team Training Skills Based Training Session
Mon 10 th – Thu 13 th	Mid-Week Training
Fri 14 th	Grading Phase 2 – Round 3
Sun 16 th	Sunday Team Training Skills Based Training Session
Mon 17 th – Thu 20 th	Mid-Week Training
Fri 21 st	Grading Phase 2 – Crossover Round 1
Sun 23 rd	Sunday Team Training Skills Based Training Session
Mon 24 th – Thu 27 th	Mid-Week Training
Fri 28 th	Grading Phase 2 – Crossover Round 2 / VC Bye
March 2020	
Sun 1 st	Sunday Team Training Spectres Photo Session – All Players Required (in lieu of Skills Based Training Session)
Mon 2 nd – Thu 5 th	Mid-Week Training
Fri 6 th	Grading Phase 2 – Crossover Round 3 / VC Round 1
Sun 8 th	Sunday Team Training Skills Based Training Session
Mon 9 th – Thu 12 th	Mid-Week Training - NO TRAINING Monday 9 th – LABOUR DAY HOLIDAY
Fri 13 th	Championship Season Commences / VC Round 2
Sun 15 th	Sunday Team Training Skills Based Training Session
Mon 16 th – Thu 19 th	Mid-Week Training
Fri 20 th	Championship Season Games
Sun 22 nd	Sunday Team Training – Final Before Term Break Skills Based Training Session
Mon 23 rd – Thu 26 th	Mid-Week Training - Final Before Term Break
Fri 27 th	Championship Season Games
April 2020	
Tue 14 th – Thu 16 th	Mid-Week Training Resumes - NO TRAINING Monday 13 th – EASTER MONDAY
Fri 17 th	Championship Season Resumes / No VC Games
Sun 19 th	Sunday Team Training Skills Based Training Session
Mon 20 th – Thu 23 rd	Mid-Week Training
Fri 24 th	Championship Season Games
Sun 26 th	Sunday Team Training Skills Based Training Session

Mon 27 th – Thu 30 th	Mid-Week Training
May 2020	
Fri 1 st	Championship Season Games
Sun 3 rd	Sunday Team Training Skills Based Training Session
Mon 4 th – Thu 7 th	Mid-Week Training
Fri 8 th	Championship Season Games
Sun 10 th	Sunday Team Training Skills Based Training Session
Mon 11 th – Thu 14 th	Mid-Week Training
Fri 15 th	Championship Season Games
Sun 17 th	Sunday Team Training Skills Based Training Session
Mon 18 th – Thu 21 st	Mid-Week Training
Fri 22 nd	Championship Season Games
Sun 24 th	Sunday Team Training Skills Based Training Session
Mon 25 th – Thu 28 th	Mid-Week Training
Fri 29 th	Championship Season Games / VC BYE - SPLIT
Sun 31 st	Sunday Team Training Skills Based Training Session
June 2020	
Mon 1 st – Thu 4 th	Mid-Week Training
Fri 5 th	No Games - BYE
Sat 6 th – Mon 8 th	QUEENS BIRTHDAY TOURNAMENT WEEKEND Nunawading Spectres Tournament National Junior Classic Invitation Tournament
Tue 9 th – Thu 11 th	Mid-Week Training
Fri 12 th	Championship Season Games
Sun 14 th	Sunday Team Training Skills Based Training Session
Mon 15 th – Thu 18 th	Mid-Week Training
Fri 19 th	Championship Season Games
Sun 21 st	Sunday Team Training – Final Before Term Break Skills Based Training Session
Mon 22 nd – Thu 25 th	Mid-Week Training - Final Before Term Break
Fri 26 th	Championship Season Games
July 2020	
Sun 12 th	Sunday Team Training Resumes Skills Based Training Session
Mon 13 th – Thu 16 th	Mid-Week Training Resumes
Fri 17 th	Championship Season Games
Sun 19 th	Sunday Team Training Skills Based Training Session
Mon 20 th – Thu 23 rd	Mid-Week Training
Fri 24 th	Championship Season Games
Sun 26 th	Sunday Team Training Skills Based Training Session
Mon 27 th – Thu 30 th	Mid-Week Training
Fri 31 st	Championship Season Games
August 2020	
Sun 2 nd	Sunday Team Training

	Skills Based Training Session
Mon 3 rd – Thu 6 th	Mid-Week Training
Fri 7 th	Championship Season Games
Sun 9 th	Sunday Team Training Skills Based Training Session
Mon 10 th – Thu 13 th	Mid-Week Training
Fri 14 th	Championship Season Games – FINAL ROUND VJL
Sun 16 th	Sunday Team Training Skills Based Training Session
Mon 17 th – Thu 20 th	Mid-Week Training
Fri 21 st	Championship Season Games – FINAL ROUND VC / FINALS VJL
Sun 23 ^d	Sunday Team Training – FINALS TEAMS Presentation Day
Mon 24 th – Thu 27 th	Mid-Week Training – FINALS TEAMS
Fri 28 th	FINALS
Sun 30 th	Sunday Team Training – FINALS TEAMS
September 2020	
Mon 31 st – Thu 3 rd	Mid-Week Training – FINALS TEAMS
Fri 4 th	FINALS
Sun 6 th	Sunday Team Training – FINALS TEAMS
Mon 7 th – Thu 10 th	Mid-Week Training – FINALS TEAMS
Fri 11 th	FINALS
Sat 12 th	VJL GRAND FINALS
Sun 13 th	Sunday Team Training – VC FINALS TEAMS VJL GRAND FINALS
Mon 14 th – Thu 17 th	Mid-Week Training – VC FINALS TEAMS
Fri 18 th	VC GRAND FINALS
October 2020	
Sat 3 rd	Try Outs 2020/21 - Stage 1 – Details TBA