2021 NUNAWADING SPECTRES



PLAYER AND PARENT HANDBOOK

As at 4th December 2020



Representing Nunawading Spectres.

Nunawading has a proud history, from very humble beginnings fifty five years ago, to become one of the most successful junior basketball programs in Australia. Many of our players have gone on to play and coach at the highest level of basketball in Australia and overseas. These names include Shane Heal, Jason Smith, Brian Goorjian from the Boys Program and players such as Penny Taylor, Sam Richards, Carly Wilson, Jenna O'Hea, Bec Allen and Alannah Smith and Opals Coach Carrie Graf from the Girls Program. We also have numerous past and present players playing college basketball in the US.

All players who accept a position to represent Nunawading Spectres must be aware of the high expectation that comes with playing for such a prestigious Club and commitment to excellence.

We seek to be the most successful Junior Basketball program in Australia

We currently have teams competing in the Under 12, 14, 16, and 18 Victorian Junior Basketball League on Friday nights.

The Spectres program offers players the opportunity to compete in State and National Championship competitions, as well as Local and Interstate Tournaments throughout the season.

Whilst representative basketball requires a large commitment by players and parents alike, it also offers many rewards. Many strong friendships have been forged during the years at Nunawading. We encourage you to become involved with your child and his or her team mates and parents, get to know the other members of the team, to laugh and to enjoy each other's company during the year ahead, to celebrate the wins and encourage the good that will come from any losses. But most of all, I encourage you to have fun!!

I wish you all an enjoyable and fulfilling year ahead.

Regards,

Michelle Gow

Chairperson - Nunawading Spectres Junior Committee



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WELCOME TO THE NUNAWADING SPECTRES

IMPORTANT INFORMATION FOR BOTH PLAYERS AND PARENTS

This handbook is continually being updated due to COVID-19 and other restrictions in place in 2021. Please ensure you are reading the latest version by checking the date on the front of the handbook and the latest version available on the website.

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1.0 Meeting Schedule

During the course of Tryouts and after Team Selection, we usually schedule several meetings to keep players, families and volunteers up to date and informed on the year ahead. At this stage, due to the current restrictions, all meetings are on hold and will be confirmed in due course and for 2021 all meetings will likely be online/electronic meetings. For New parents, please ensure you organize a conversation with a committee person if you have any questions regarding the representative program and commitment required. Committee will be available to chat with parents outside during all Friday/Weekend try out sessions. If you would like a conversation but have been unable to find anyone, please email jspadmin@nunawadingbasketball.com.au to organize a time.

1.1 Playing Representative Level Basketball

The Nunawading Junior Spectres Program provides an opportunity for players who wish to enhance their skills by competing in higher levels of basketball competition. This competition is called Championship or Representative Basketball. "Representative Basketball" is the competition run by the governing body of Basketball in Victoria – the VJBL.

The Nunawading Spectres Junior program seeks to introduce players to an elite level of team sport. As an elite program there is no expectation that players will receive equal playing time. Team Coaches are committed to developing each player. Development of a player does not occur solely during games. Players are developed in team trainings and are encouraged to further this development in private practice sessions with or without a coach. Team Coaches aim to give players a reasonable amount of court time. A reasonable amount of court time is not equal time. The amount of time should be measured and considered over a complete season. There may be times when a player receives extra time and others where he or she receives less. Court time is dictated by game conditions, opposition match ups, player attitude and attendance at both training and games, injuries and other considerations. Participants in the Nunawading Spectres program are encouraged to view the entire program (training and games) over the entire season when considering reasonable playing time.

MEBA - Participation Policy

It is Mandatory that all players who represent Nunawading Junior Spectres are registered and playing (with enough games played, to qualify for finals) for a domestic club within the MEBA competition (e.g. mid-week or Saturday competition) in both the summer and winter seasons.

All <u>new</u> players have until the winter domestic season to make arrangements to play.

Any request for variation of this policy must be applied for in writing and submitted. A written exemption request must be submitted to the Administrator of the Junior Spectres Committee for consideration, no later than <u>December 31st 2020</u>. A copy of this policy is also available by emailing the club Administrator or can be downloaded from the website.

1.2 Playing Times and Venues

Representative Basketball is played every Friday night with the exception of the middle week of school holidays and over the Christmas holiday period. Game times start from 6.30pm for the younger age groups (very occasionally VJBL may schedule 6.00pm start times) through to a 9.40pm start for the older age groups. In prior years, the "Rep Ball" season is played for nearly twelve months, commencing mid-November and going thru to September the following year. For 2021, the season has been shortened and will commence Jan 2021 and run through to September 2021. There are 3 Phases of competition played throughout the year:

- a. Practice Matches/Pre Grading CANCELLED FOR 2021
- b. Grading Season (January February for 2021)
- c. Championship Season (March September)

When you accept a position in a team, you are agreeing to be available for all scheduled VJBL Grading/Regular Season/Finals games and compulsory Tournaments throughout the year. If you foresee that you will not be available for any games from now until after the Grand Final (Date TBC) or for the Nunawading Spectres compulsory tournament (Queens Birthday weekend), please advise the Director of Coaching or Junior Coordinator immediately as this may affect team selection.

Nunawading Spectres teams play their home games at Nunawading Basketball Centre and Sportlink (Vermont South).

In general, qualified teams will play games on a "home and away" basis which in previous years have included some country teams. At this stage we do not know of travelling requirements for 2021 season. This may mean travel throughout the season to any of: Dandenong, Diamond Valley, Frankston, MSAC (Albert Park), Eltham, Coburg, Sandringham, Keilor, Knox, Broadmeadows, and Bulleen to name but a few. There may be longer trips to play against country teams ie: Geelong, Warragul, Traralgon, Bendigo, Ballarat etc.

1.3 Training

Compulsory team training sessions are conducted on Sunday mornings throughout the season and are for a minimum duration of 1.5* hours. Teams will also have a midweek training session, which are held between 5.00pm and 10.00pm for a minimum duration of 1 hour*. This session will be arranged through the coach as to what best fits the team. Midweek training/games with your domestic club/team should come first, and this must be discussed with your coach. (*Subject to Coach and court availability)

All players are expected to attend every Spectres Training Session and Games (including injured players). If you are unable to attend a session you must phone your Coach or Team Manager prior to the session to explain the reason.

Training sessions run from 16th December 2020 through to September 2021 with Midweek training occurring every week during normal school terms and Sunday trainings (which occasionally may be in the form of practice matches or some form of organised team activity/meeting/event) occurring every Sunday with the exception of Public Holidays, first and middle Sundays of published Victorian Public school holidays and Sundays from Mid December 2020 to Mid-January 2021.

Mid-week training times/days will be notified following finalisation of teams and liaison with coaches as to their and the programs requirements.

There is significant work done to schedule the Sunday training sessions and sometimes training will clash with other sports.

There will be no changes to our schedule once completed (except unforeseen circumstances relating to coaching staff only, or as noted below), so please take this into consideration prior to attending try outs and accepting a place in a team. Note that Sunday team training is compulsory for every player.

This year we are using the following venues for Sunday Trainings – Nunawading Basketball Centre, Forest Hill Secondary College and Sportlink. Teams will have a shared court for a 1.5 hour session. Teams may rotate venues on a term by term basis to enable all teams to train at different venues over the course of the year.

Sunday and Midweek training times TBA – To assist with keeping costs down for families in 2021, all training sessions will be on shared courts.

If the Coach of your team requires EXTRA training sessions outside of the allocated hours then it MUST be sought through the Venue Coordinator (Mark Hallett – 9802 6711). All extra trainings must be paid for in advance. Any costs incurred in holding extra training sessions are to be covered by the team. The Team Manager will be advised of this cost and is to collect the extra money from parents.

1.4 Tournaments

During the year, Nunawading Spectres teams are entered in various tournaments.

The program requires that each team enter the following tournaments.

January Tournament (Australia Day weekend)

Tournament: <u>Eltham/Dandenong – this is a preferred Tournament.</u>

Player fatigue, workload and financial considerations <u>must</u> be taken into account <u>prior</u> to registering for this tournament.

Cost: For 2021 the entry fee is via individual player registration. Team Managers should assist

players to register ensuring all players in the team register. There is no spectator fee for 2021.

June Tournament (Queen's Birthday weekend)

Tournament: Nunawading Spectres – This is a compulsory Tournament for Junior Spectres

(Unless the team is invited to attend the 'National Junior Classic Tournament')

Cost: Team entry fee (including player/spectator entry) is included in your fees.

The success of our own Nunawading tournament is dependent on the willingness of volunteers to be involved with the planning and running of the event. It is <u>Mandatory</u> that ALL parents will be rostered 'on duty' for approximately four hours during the Nunawading tournament at one of the venues.

Attendance at <u>additional</u> tournaments (local or perhaps interstate) is <u>available</u>, but it will be up to each individual coach and team to decide whether to attend any of these - in consultation with the <u>Director</u> of Coaching and the program coordinator. In 2021, coaches will be considering physical and mental health along with the <u>added financial burden before committing their team to an interstate tournament</u>. These tournaments are at an additional cost that the team pays.

1.5 Events

Presentation Day

The 2021 Junior Spectres Presentation Day will be held towards the end of the 2021 VJBL season — details TBC. At Presentation Day we present one player from each team with the Spirit of Spectres Award as chosen by their coach. The afternoon is also the Graduation for our Senior Under 18 Players with two of these players being chosen for the Keith Jenkins Medal as selected by our Director of Coaching. Prestigious coaches' awards will also be presented. Last year we had a great day with most of our players and their parents in attendance. We look forward to seeing you there.

Photo Day

The club will hold its Annual Photo Day early next year on Sunday 18 April 2021 between 7.15am-1.30am. All players must attend in full playing uniform. Team photos will be taken and available for purchase. Team Managers will provide details closer to the day.

1.6 Contacts

Primary Contact:

Program Administrator Simone Hallett <u>jspadmin@nunawadingbasketball.com.au</u>

Other Contacts:

Chairperson Michelle Gow <u>jspchair@nunawadingbasketball.com.au</u>

Vice Chairperson/Pastoral Care Alex Gaythorpe <u>jspvicechair@nunawadingbasketball.com.au</u>

Director of Coaching Tamie Harvey via the program administrator or coordinator

Treasurer Mark Hallett <u>mark@nunawadingbasketball.com.au</u>

Junior Coordinator Sharna Smith <u>jspcoord@nunawadingbasketball.com.au</u>

Uniforms Lorraine Baxter jspuniforms@nunawadingbasketball.com.au

^{*}Please note that any queries MUST first come through our Program Administrator who will then forward to the appropriate person/s.

1.7 Fees

It is important that all families realize that Representative Basketball is a <u>privilege</u>. It costs significant money to provide a high quality program and it is policy of the Spectres that ALL players pay their fees. We do understand that 2020 was a difficult year for all families so for 2021, we are running the program at a bare minimum to ensure that we can keep the costs as low as possible to assist families in their financial recovery.

2021 JUNIOR SPECTRES FEES

Please be advised that Junior Spectres Registration fees for the 2021 season will be \$500 per child.

Due to the complexities that Covid19 has thrown us, and the acknowledgement to keep fees as low as possible, fees can either be paid upfront (\$500) during position acceptance, or via direct debit. The direct debit system will include a \$50 initial acceptance fee plus 9 weekly instalments commencing 20th January. The first instalment of \$75 will include a one off \$25 administration fee to cover the cost of the system and the remaining 8 weekly payments will be \$50 each.

If you opt for the weekly payments, if a payment is not made for any instalment, a late fee of \$25 per player will apply and your position in the team may be suspended.

- Registration Acceptance Payment \$500 if paying full fees for the 2021 season upfront Due no later than Friday 18th December 2020
- Direct Debit \$50 acceptance fee due no later than Friday 18th December 2020, followed by 9 weekly instalments commencing Thursday 20th January (details above)

The registration acceptance link will be emailed upon finalisation of teams and constitutes acceptance of your place in the Nunawading Spectres Program for 2021 season as well as payment of the first instalment, or full payment. If this acceptance is not received by the time specified, the player will not be accepted into the program and the place may be offered to another player.

Registration Fees Include:

- Team Registration & Coach Fee
- Specialist Coaching & Development
- Midweek & Sunday Training Court Hire
- Entry into the Nunawading Tournament/National Junior Classic (Queens Bday weekend)
- Free Entry for Players to all Spectres NBL1 & Youth League Home Games

Registration Fees Do Not Include:

- Additional Training over allocated times
- Weekly Team Sheet Fees. VJBL will be cashless for 2021. There will be no door entry and we
 expect the team sheet fee will be a minimum \$120 TBC
- Stadium Entry There will be no stadium Entry. ALL Venues will be cashless.
- Uniform
- Eltham Dandenong Australia Day Tournament Entry fee
- Non Compulsory Tournaments

NOTE: If a player accepts a position within the Nunawading Spectres Junior Program, they will be bound by the fees as listed and **no refund** will be given at any stage once the player has accepted their position. This will cover all reasons including injury. This is due to acceptance of a position precluding a possible other player from playing.

Fundraising

For the 2021 season, the Junior Spectres Program will be required to complete one fundraising project, this being our own JSP Tournament Raffle. Each Family will be <u>expected</u> to fully sell one \$30 book (15 tickets x \$2). (As per our "Under 14 National Policy", the G14.1 and B14.1 teams may be required to undertake other fundraising activities).

1.8 Training Only & 11th Players

Training Only

Occasionally coaches will select a player as a Training Only Player to enable the player continued development within our Elite Program. Training Only positions are offered to those players who, with a season of training will gain greater knowledge of the requirements of representative basketball and put them in good stead for the following season. There is no guarantee that by accepting the Training Only position, that this will help in the selection process for the following season. The following information outlines the responsibilities and the commitment involved in being a Training Only Player.

- As a Training Only Player, you are expected to commit to both weekly training sessions.
- You are to welcome to attend the games, but this is not an expectation
- You will not be able to sit on the bench at games
- You cannot play in any games or Tournaments
- You will not be registered with VJBL
- The Fees for a Training Only Player will be \$300 for the season
- Training Only Players are required to purchase the Training Uniform only. No additional player uniform items can be purchased.

11th Players

The below information will outline the responsibilities and the commitment involved in being that 11th player in a team. As you are the 11th player, there are NO guarantees on the amount of court time you will receive in any games played. You will have the opportunity to play with your team if another player is away, injured or unwell but this is at the discretion of your coach.

- As the 11th player, you are required to attend both weekly training sessions.
- You are expected to attend games, sitting on the bench with your team mates
- You do not play on a rotational basis
- You can play for injured/unwell/absent players if your coach requires you to. This is at the discretion of your coach.
- You can play in Tournaments your team is registered to participate in (at the direction of your coach)
- You will have to contribute to team Sheet fees on a "per game played" basis (the fee will be determined by the team)
- You will be registered with VJBL

The registration fees for being the 11th player will be \$400 for the season. You will also be required to have a FULL uniform.

There is no guarantee that by accepting the position of the 11th Player, that this will help in the selection process for the following season.

1.9 Uniforms

ALL SPECTRES PLAYERS, both playing and Training, MUST BE IN FULL UNIFORM <u>AT ALL TIMES</u> WHEN REPRESENTING THE PROGRAM. THIS INCLUDES PLAYING UNIFORM AND WARM UP TOP AT ALL GAMES. NO STREET WEAR OR OTHER SPECTRES GEAR/SUPPORTER WEAR IS TO BE WORN TO GAMES OR TRAINING.

If players are not in correct full uniform they cannot take to the court to train or play.

For the 2021 season, all Uniform orders will be done online using sizing guidelines from our manufacturer for reference. There will be no uniform try on sessions.

Goods must be fully paid for at the time of ordering.

2021 - New Uniform Note:

2019/20 was to see the end of our current uniform cycle. Then Covid19 hit and this put a halt to plans for new uniforms....

Our uniform for the 2021 season will remain the same as we understand the burden on families during these times and aim to keep costs to a minimum.

Please keep this in mind when determining if your child's uniform needs replacement as the new uniform for 2022 season will be compulsory for all players. Unlike domestic uniforms, there will be <u>no</u> phasing in period.

New players will be required to purchase (at a minimum) the minimum Pack which includes Playing Singlet, Playing Shorts, Warm Up Top, Training Singlet and Training Shorts or Running Shorts. This uniform pack will be at a reduced cost of \$175.

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	COMPLUSORY PLAYING UNIFORM				
	*Spectres Playing Singlet: Blue	\$40.00			
	*Spectres Playing Shorts	\$40.00			
-	*Spectres Warm Up Top	\$45.00			
	COMPLUSORY TRAINING UNIFORM				
	*Spectres Reversible Training Singlet	\$25.00			
	*Training Shorts OR Running Shorts	\$25.00			
	TOTAL:	\$175.00			
1	ADDITIONAL PLAYING UNIFORM (Optional for 2021 Only)				
	*Spectres Hoodie	\$45 .00			

^{*}The uniform Coordinator will supply the Team Manager an alternate/clash singlet set for players to wear at games when required during the season.

It is a requirement that all Spectres players own a foam/firm roller. (Excluding Under 12's)

Foam Rollers will also be available for purchase **ONLINE** starting from \$35 for the soft roller and \$45 for the firm roller.

Additional items are available for purchase – Player Backpack \$60, Player Bag \$60 with embroidered name \$70, water bottle \$10, socks \$15 per pair (black and white).

All uniform matters must be to be directed to our Uniform Coordinator: Lorraine Baxter – <u>Jspuniforms@nunawadingbasketball.com.au</u>

1.10 Sanitation and CovidSafe Plan

As the Covid19 situation is always changing we have provided links for you to keep up with the latest news and information.

https://www.dhhs.vic.gov.au/how-stay-safe-and-well-covid-19

https://basketballvictoria.com.au/covid-19/return-to-sport-updates-for-participants/

https://basketballvictoria.com.au/covid-19/return-to-sport-updates-for-associations-and-clubs/

At the current time, all venues are required to track all individuals who enter for contract tracing purposes. Most venues will have a QR code or other check-in type system. It is a requirement that everyone adhere to these check in systems at all venues. If you do not wish to provide your details, please do not enter the venue.

Key points

To keep yourself, your friends and your family safe there are four key actions that Victorians are being asked to continue:

- Stay at home and get tested if you have symptoms of coronavirus (COVID-19), however mild.
- Practice good hygiene wash your hands and cough and sneeze into a tissue or your elbow.
- Keep your distance stay 1.5 meters away from anyone you don't live with.
- Wear a face mask when you leave home.

Nunawading Basketball Centre has its own CovidSafe Plan in place and are fully committed to providing a safe environment for members (staff, volunteers, players, families and spectators) and the wider community. We are committed to providing quality practices in line with guidance available from Sport Australia, Basketball Victoria, Whitehorse Council, the Victorian Government, Department of Health and Human Services and other relevant authorities applicable to us. A copy of the full CovidSafe plan can be provided upon request.

We acknowledge that basketball in a pandemic is a privilege, not a right. We all need to ensure we are doing the right thing to ensure the safety of players, volunteers, officials, and the local community.

We also acknowledge the key dates and conditions outlined within the Victorian Government's Roadmap to Reopening and other announcements from time to time will be followed as we resume basketball training and competition and we commit to adhering to the latest advice from Basketball Victoria, Whitehorse Council and the Victorian Government / DHHS in this regard.

Basketball Facilities and Associations play an important role in:

- Reducing the spread of COVID-19;
- Promoting good hygiene amongst participants and patrons;
- Adhering and promoting the Victorian Government requirements around social distancing; and
- Following the clear protocols and requirements around returning to train and play.

Mental Health and Support Resources

We know times have not been easy for many so please remember to look after yourself and others during this time, and always ask for help if you need it.

If you are struggling the following services are available:

- National Coronavirus Helpline: 1800 020 080
- For immediate support call Lifeline on 13 11 14 and in an emergency, always call triple zero (000).
- **Beyond Blue** 1300 22 4636
- Kids Help Line 1800 55 1800

1.11 Team/Player/Spectator Conduct

Team Conduct

If you have a query regarding the conduct of your TEAM, please adhere to the following protocol. Firstly, please respect that everyone in the Nunawading Spectres program is doing their best to contribute to a successful program. Please approach the relevant contact person with respect, at all times seeking a constructive discussion. If the query is of an administrative nature, the Team Manager will try to give you the answer. If the query relates to team selection, game management, bench time etc. please ask your Team Manager to schedule a meeting with your Team Coach. This contact must NOT be commenced for a period of 24 hours from the completion of a game or training. You are encouraged to present your query and listen to the Team Coach and then support the meeting outcomes moving forward. If, after implementing the suggestions of the Team Coach for a period of at least 14 days, you are not satisfied with the outcome of the meeting you can request that the Team Manager arrange a meeting with the Age Group Head Coach. You are encouraged to present your query and listen to the Age Group Head Coach for a period of at least 14 days, you are not satisfied with the outcome of the meeting you can request that the Team Manager arrange a meeting with the Spectres Program Coordinator, currently Sharna Smith. The Spectres Program Coordinator can attend a meeting with you or arrange for another Spectres Administrator to attend a meeting. You are encouraged to present your query and listen to the Spectres Program Coordinator or other Spectres administrator and then support the outcomes moving forward.

In a small number of cases each year the process above is not followed. Moving forward the decision has been made to strictly enforce these steps. If a player or parent does not respect this process or makes contact within 24 hours of the completion or a game or training, a first warning will be issued. If the behavior continues, sanctions, such as game suspension will follow.

During the process outlined above the player, parents, coach and administrators are encouraged to deal with all queries in a constructive and informal manner. In the unfortunate situation that the query cannot be resolved informally you can make a formal grievance through the Spectres Grievance Policy (available via email from the program coordinator or download from the website) which must be strictly followed.

When permitted, We encourage all parents to attend games and training sessions to share the enjoyment of the game and to gain a greater understanding of the drills.

Technical Fouls

Behavioral Tech Foul Penalties Coaches, Assistant Coaches & Players - VJBL Policy

Coaches, assistant coaches and players who receive behavioural technical fouls in 3 or more games during the VJBL playing calendar year will have the following penalty applied.

Tech Fouls in Three Games: Automatic 1 Game Suspension
 Tech Fouls in Four Games: Automatic 2 Game Suspension
 Tech Fouls in Five Games: Automatic 4 Game Suspension
 Tech Fouls in Six Games: Automatic 6 Game Suspension

Nunawading Junior Spectres Policy

• For 2021 Nunawading Spectres have introduced an internal suspension for players and coaches once they receive a behavioral technical foul in two games (as advised by VJBL). This suspension will take place following notification from VJBL of any player or coach that receives a technical foul in two games during the season (encompassing grading, championship and finals). Players/Coaches will be notified by the JSP administrator and will be unable to play/coach the next game immediately following notification. Players & Coaches must continue to attend trainings. Following the internal suspension players can immediately return to playing/coaching and if they receive a 3rd technical foul, the VJBL suspension will apply.

VJBL Spectator Requirements

- At no point before, during or after a game are spectators permitted to approach a referee.
- All spectators must abide by the BV Spectator Code of Conduct.
- If asked to leave the venue by a venue official, spectator/s must do so immediately, or reports and loss of games may be applied.

VJBL Spectator Penalties

Reportable Offences

 After reviewing the Spectator Behavior - Jot Form (and Tribunal Report Forms where completed) the following procedures will be followed:

If a formal report is not submitted, a review of the Spectator Behavior - Jot Form may indicate a formal report is required.

- Basketball Victoria's Governance & Operation Manager or VJBL Operations Manager will ask the Referee and/or Venue Official to complete a formal report.
- Once the report is received, an offer may be made by the Basketball Victoria Governance & Operations Manager, or the report will be sent directly to the tribunal.
- Alternatively the Basketball Victoria's Governance & Operation Manager may direct the VJBL Administration to apply appropriate penalties as stated below.

Non Reportable Offences

- The MUVJBL Administration will issue a warning for the first offence.
- o The MUVJBL Administration will apply an automatic suspension of one MUVJBL game for the second offence.
- o The MUVJBL Administration will apply an automatic suspension of three MUVJBL games for the third offence.
- The MUVJBL Administration may ban the spectator from attending MUVJBL games for 12 months for any further
 offences. Once a spectator has served their penalty, they will be required to serve a 12 month good behavior
 bond before resetting penalties to zero.

Team Penalties

It is the team's responsibility to ensure that all spectators abide by the Basketball Victoria Codes of Conduct and By-Laws. Penalties will be applied to the team involved with unacceptable spectator behavior.

- First Offence The team will receive a warning.
- Second Offence The team may lose home games.
- o Third Offence The team may have home games moved to a venue designated by the MUVJBL Administration.
- o Fourth and Further Offences The team may be removed from the competition.

These Offences may be committed by more than one spectator to count against the team.

Nunawading Junior Spectres Policy

Unsportsmanlike behavior will not be accepted from players or from parent/spectators. Nunawading Spectres will uphold
the Basketball Victoria Codes of Conduct at all times. The MEBA board has ratified a 3 strike policy for breaches of the
Basketball Victoria code of conduct. This policy is available on the Nunawading Basketball website or by emailing the JSP
administrator. The Junior Spectres committee has a process in place to review and investigate any reported breaches.
Please report any breaches directly to the JSP administrator or to the program coordinator. We suggest everybody
familiarise themselves with the BV codes of conduct

Please read the Basketball Victoria 'Players' Code of Conduct' and the 'Parents' Code of Conduct', this can be found at the following link: http://basketballvictoria.com.au/wp-content/uploads/2016/02/BV-ALL Codes of Conduct.pdf

Note: VJBL Policies are set by VJBL and therefore may be subject to changes that we are not currently aware of.

1.12 Player Welfare

Nunawading Spectres are committed to supporting the physical and mental wellbeing of each player. Nunawading Spectres consider the term 'injury' to include all physical injuries as well as mental health issues. As such the term 'injury' includes physical injuries which can range from soft tissue strains and tears, joint pain and damage through to serious injuries such as concussions. Injury also includes mental health issues such as anxiety, stress, depression and serious disorders.

At all times Nunawading Spectres, the player and parents must deal with injuries in the following manner:

If a player suffers an injury it must be immediately reported to the coach. The player must immediately cease any activities (including training and playing) that are, or may be, contributing to the injury. The player must seek professional assistance from a relevant health professional (for example physiotherapist, doctor, psychologist etc). The player will be released from participating in training and games during his or her treatment. If the injury is not exacerbated by attending training and games the player is encouraged to attend and support his or her team (whilst not physically participating).

When a health professional considers the injury to be dealt with in such a way that the player can resume training and playing, a medical certificate will be required to be delivered to Nunawading Spectres. Nunawading Spectres considers it best practice that a player resumes his or her role in the team by training for 2 weeks prior to commencing game play. This period can be extended should the Coach, player or parents consider it an advantage to have a longer period of training prior to games recommencing. It is very common that the player will play limited minutes in a number of games once he or she recommences game play.

In the incidence of a serious head knock during a game or training the player must cease training or playing immediately and not re-commence. The player must not train or play again until a medical practitioner clears him or her of concussion. The Basketball Australia guidelines must be followed at all times for head injuries and are set out as follows https://australia.basketball/wp-content/uploads/2014/05/Concussion-Guideline.pdf

Medical Certificates

VJBL rules outline requirements for player qualification for finals:

- 5. Player Qualification
 - **5.1** Qualification for Finals:
 - To be eligible to represent a team in finals, a player must play a minimum of 40% of games with that team. In the case that 40% would not be a round number then the total will be rounded up (i.e. 7.2 games would become 8 games). This ruling is applicable across all division of the Victorian Junior Basketball League as well as the Regional Grades.
 - 5.1.2 Demonstration of Games Qualification
 - For the sole purpose of game qualification a player shall be considered to have played in that particular game when the player is in uniform and able to take the court, and signs the back of the scoresheet in a manner that permits identification, in his/her own hand on the day of the match, beside their name in BLOCK LETTERS.
 - 5.1.3 Exemptions: (Finals)
 - If a team can convince the VJBL Administrator they cannot field eight (8) qualified players for VJBL Grades and seven (7) qualified players for VJL/Regional Grades the Administrator may grant permission for a player from a lower grade or age group to play. The player from the lower age group must not be from a higher grade.

Medical certificates may be accepted as evidence of injury/illness and can be used for exemption to game qualification criteria only if the medical certificate is submitted WITHIN FOURTEEN (14) DAYS OF THE DIAGNOSIS/INJURY.

1.13 General Information

Volunteering Information

Players and Parents will be required to provide assistance for our hosted Tournament in June 2021.

1. Teams (parents) will be rostered on duty to help out with our June (Queens Birthday) Tournament.

Tournament rostering will involve approximately 3-4 hours of duty over the June long weekend. Duties may include court sweeping, administration, court supervision and general overseeing of the venue. All families are required to participate.

Helping with Scoring

All parents must hold a current Working with Children's Card are expected to score at Friday night matches during the season. The Team Manager will arrange someone to sit with you if you are not a confident scorer. Scoring in basketball is a great way to learn about the game. Scorers are <u>not</u> provided at venues (except for <u>some</u> finals games), and so each team must provide a scorer for each game. The coach cannot do it, the Team Manager has his/her hands full organising the team sheet and players, so it is up to the parents to pitch in and help, even if you have not scored before.

Scoring is a necessary part of the game and should be performed by competent scorers. The Team Manager will usually draw up a scoring roster for the Team's games and all parents are expected to take their turn - if you have not scored before, a competent scorer will be able to help you when it is your turn.

As many VJBL games employ a "24-second shot clock" rule, it may also be required that a person help operate the "shot clock" during those games played at Spectres home venue(s).

Inter Venue Passes

There is no requirement for Inter Venue passes from 2021 as there is no individual entry fee. Entry fees are now incorporated into the Team Sheet Fee.

Websites

NUNAWADING SPECTRES <u>www.nunawadingbasketball.com.au</u>

MELBOURNE EAST BASKETBALL ASSOCIATION <u>www.nunawadingbasketball.com.au</u>

BASKETBALL VICTORIA www.basketballvictoria.com.au

VJBL <u>www.vjbl.com.au</u>

SPONSORSHIP

The club is always on the lookout for potential sponsors.

If you, or someone you know may be interested in the prospect of promoting a business to over 300 families within the club as well as approximately 17,000 players, parents, spectators who come to the Melbourne East Basketball Association games each week, then please contact Paul Flynn (Operations Manager, paul@nunawadingbasketball.com.au or 9802 6711) to discuss a proposal. There are many sponsorship opportunities available that can be tailored to suit your needs.

Spectres Pathway

The Spectres Senior Teams playing policy is unique in the Senior Spectres Program (NBL1/Youth League/U21's). The Spectres teams limit outside recruitment to ensure that a minimum number of players from the MEBA/Junior Spectres are within the team's roster. This policy rewards players who are loyal to the program. Other clubs have attempted a similar policy, but no club at the NBL1 level can boast a team with as many home grown juniors. In other NBL1 clubs, many junior club players are overlooked when they make the step to seniors, making way for interstate players, or players from other Associations. Not at Nunawading, where all Spectres players are protected by this policy. The Development League teams provides a vital stepping-stone into the senior ranks, with an under 23 policy in place to secure spots for Nunawading Juniors. All senior coaches are committed to working with the junior coaches on player development. Players are encouraged to attend as many senior games as possible.



1.14 Nunawading Junior Spectres Calendar 2020-21

December 2020	
Fri 4 th ,Sat 5 th & Sun 6 th	Try Out Stage 1 – Details at www.nunawadingbasketball.com.au
Mon 7 th ,Tue 8 th ,Wed 9 th &	Try Out Stage 2– Details at www.nunawadingbasketball.com.au
Thu 10 th	
Fri 11 th & Sat 12 th	Try Out Stage 3 – Details at www.nunawadingbasketball.com.au
Sun 13 th	Try Out Stage 4 – Details at <u>www.nunawadingbasketball.com.au</u>
Tues 15 th	Phone call notifications of team selections
Wed 16 th – Fri 18 th	Team Training (as determined by Coaches)
Fri 18 th	Player Acceptance & First Instalment Fees Due
Sun 20 th	Team Training (as determined by Coaches)
January 2021	
Sun 10 th – Thursday 21 st	Team Training (as determined by Coaches)
Friday 22 nd	Grading Phase 1 - Round 1
Sunday 24 th - Tuesday 26 th	Eltham/Dandenong Australia Day tournament
Wed 27 th – Thurs 28 th	Mid-Week Team Training
Friday 29 th	Grading Phase 1 - Round 2
Sunday 31 st	Sunday Team Training
February 2021	
Mon 1 st – Thurs 4 th	Mid-Week Team Training
Friday 5 th	Grading Phase 1 - Round 3
Sunday 7 th	Sunday Team Training
Mon 8 th – Thurs 11 th	Mid-Week Team Training
Friday 12 th	Crossover – Round 1
Sunday 14 th	Sunday Team Training
Mon 15 th – Thurs 18 th	Mid-Week Team Training
Friday 19 th	Grading Phase 2 - Round 1
Sunday 21st	Sunday Team Training
Mon 22 nd – Thurs 25 th	Mid-Week Team Training
Friday 26th	Grading Phase 2 - Round 2
Sunday 28 th	Sunday Team Training
	Team Photos TBC
March 2021	
Mon 1 st – Thurs 4 th	Mid-Week Team Training
Friday 5 th	Grading Phase 2 - Round 3
Sunday 7 th	Sunday Team Training
Mon 8 th – Thurs 11 th	Mid-Week Team Training (Monday TBC – Labour Day holiday)
Friday 12 th	Crossover – Round 1
Sunday 14 th	Sunday Team Training - TBC
Mon 15 th – Thurs 18 th	Mid-Week Team Training
Friday 19 th	Crossover Round 2 / VC Championship season commences
Sunday 21 st	Sunday Team Training
Mon 22 nd – Thurs 25 th	Mid-Week Team Training
Friday 26 th	Crossover Round 3 / VC Championship season Game
Sunday 28 th	Sunday Team Training
Mon 29 th – Thurs April 1st	Mid-Week Team Training (as determined by coaches)
April 2021	
Friday 2 nd – Thursday 15 th	SCHOOL HOLIDAYS – NO GAMES – Training as determined by coaches
Friday 16 th	Friday Night Game – Championship season (Note this is the Last Friday of School holidays)
Sunday 18 th	Sunday Team Training
Mon 19 th – Thurs 22 nd	Mid-Week Team Training

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Friday 23 rd	Friday Night Game – Championship season		
Sunday 25 th	Sunday Team Training – TBC – ANZAC Day		
Mon 26 th – Thurs 29 th	Mid-Week Team Training		
Friday 30 th	Friday Night Game – Championship season		
May 2021			
Sunday 2 nd	Sunday Team Training		
Mon 3 rd – Thurs 6 th	Mid-Week Team Training		
Friday 7 th	Friday Night Game – Championship season		
Sunday 9 th	Sunday Team Training		
Mon 10 th – Thurs 13 th	Mid-Week Team Training		
Friday 14 th	Friday Night Game – Championship season		
Sunday 16 th	Sunday Team Training		
Mon 17 th – Thurs 20 th	Mid-Week Team Training		
Friday 21 st	Friday Night Game – Championship season		
Sunday 23 rd	Sunday Team Training		
Mon 24 th – Thurs 27 th	Mid-Week Team Training		
Friday 28 th	Friday Night Game – Championship season		
Sunday 30 th	Sunday Team Training		
Mon 31 st – Thurs June 3rd	Mid-Week Team Training		
June 2021			
Friday 4 th	Friday Night Game – Championship season		
Sunday 5 th	Sunday Team Training		
Mon 7 th – Thurs 10 th	Mid-Week Team Training		
Friday 11 th	Friday Night Game – Championship season – VC BYE		
Sat 12 th – Mon 14 th	COMPULSORY Nunawading Spectres Tournament / National Junior Classic (invited teams)		
Tue 15 th – Thur 17 th	Mid-Week Team Training		
Friday 18 th	Friday Night Game – Championship season		
Sunday 20 th	Sunday Team Training		
Mon 21 st – Thurs 24 th	Mid-Week Team Training		
Friday 25 th	Friday Night Game – Championship season		
Sun 27 th – Fri July 9 th	SCHOOL HOLIDAYS – NO GAMES – NO TRAINING		
July 2021	SCHOOL HOLIDATS - NO GAINES - NO TRAINING		
Sunday 11 th	Curdou Toors Training		
	Sunday Team Training Mid Meal Team Training		
Mon 12 th – Thurs 15 th	Mid-Week Team Training		
Friday 16 th	Friday Night Game – Championship season		
Sunday 18 th	Sunday Team Training		
Mon 19 th – Thurs 22 nd	Mid-Week Team Training		
Friday 23 rd	Friday Night Game – Championship season		
Sunday 25 th	Sunday Team Training		
Mon 26 th – Thurs 29 th	Mid-Week Team Training		
Friday 30 th	Friday Night Game – Championship season		
August 2021			
Sun 1 st	Sunday Team Training		
Mon 2 nd – Thurs 5 th	Mid-Week Team Training		
Friday 6 th	Friday Night Game – Championship season		
Sun 8 th	Sunday Team Training		
Mon 9 th – Thurs 12 th	Mid-Week Team Training		
Friday 13 th	Friday Night Game – Championship season		
C 4Fth	, , ,		
Sun 15 th	Sunday Team Training		
Mon 16 th – Thurs 19 th			

Sun 22 nd	Sunday Team Training
Mon 23 rd – Thurs 26 th	Mid-Week Team Training
Friday 27 th	Friday Night Game – Championship season – VC Finals Week 1
Sun 29 th	Sunday Team Training (Finals teams only)
	Presentation Day - TBC
Mon 30 th – Thurs Sep 2 nd	Mid-Week Team Training (Finals teams only)
September 2021	
Friday 3 rd	Friday Night Game - Finals
Sun 5 th	Sunday Team Training (Finals teams only)
Mon 6 th – Thurs 9 th	Mid-Week Team Training (Finals teams only)
Friday 10 th	Friday Night Game – Finals
Sun 12 th	Sunday Team Training (Finals teams only)
Mon 13 th – Thurs 16 th	Mid-Week Team Training (Finals teams only)
Friday 17 th	Friday Night Game – GRAND FINALS



1.15 VJBL Calendar 2020-21 [as at 04/12/2020]

2020/20			TO A COLUMN TO THE PARTY OF THE	
DATE	CA	LENDAR T	WO	
Friday, 22 January 2021	Grading Round 1 (No Under 21's)			
Friday, 29 January 2021	Grading R	Grading Round 2 (No Under 21's)		
Friday, 5 February 2021	Grading Round 3 (No Under 21's)			
Friday, 12 February 2021	X-Over Game 1			
Friday, 19 February 2021	Grading Phase Two Grading Round 1			
Friday, 26 February 2021	Grading Phase Two Grading Round 2			
Friday, 5 March 2021	Grading Phase Two Grading Round 3			
Friday, 12 March 2021	C	rossover Round	1	
	VC (12-18)	VC (21)	VJL1-4	
Friday, 19 March 2021	1	X-Over 2	X-Over 2	
Friday, 26 March 2021	2	X-Over 3	X-Over 3	
Friday, 2 April 2021	SCH	OOL HOLTO	AVE	
Friday, 9 April 2021	SCH	SCHOOL HOLIDAYS		
Friday, 16 April 2021	3	1	1	
Friday, 23 April 2021	4	2	2	
Friday, 30 April 2021	5	3	3	
Friday, 7 May 2021	6	4	4	
Friday, 14 May 2021	7	5	5	
Friday, 21 May 2021	8	6	6	
Friday, 28 May 2021	9	7	7	
Friday, 4 June 2021	10	8	8	
Friday, 11 June 2021	BYE	9	9	
12th, 13th and 14th June	NATIONAL JUNIOR CLASSIC			
Friday, 18 June 2021	11	10	10	
Friday, 25 June 2021	12	11	11	
Friday, 2 July 2021	SCH	OOL HOLTD	AVE	
Friday, 9 July 2021	SCH	OOL HOLID	ATS	
Friday, 16 July 2021	13	12	12	
Friday, 23 July 2021	14	13	13	
Friday, 30 July 2021	15	14	14	
Friday, 6 August 2021	16	15	15	
Friday, 13 August 2021	17	16	16	
Friday, 20 August 2021	18	17	17	
Friday, 27 August 2021	Finals	18	18	
Friday, 3 September 2021	Finals	Finals	Finals	
Friday, 10 September 2021	Finals	Finals	Finals	
Friday, 17 September 2021	GRAND FINALS			
Friday, 24 September 2021	SCHOOL HOLIDAYS			
Friday, 1 October 2021				

Good Friday

3rd Friday of School Holidays



