# 2021/2022 NUNAWADING SPECTRES



# PLAYER AND PARENT HANDBOOK

As at 26 October 2021



### WELCOME

Welcome to the Nunawading Spectres – representative program of the Melbourne East Basketball Association and widely regarded as one of the premier basketball programs in Australia.

As a valued member of the Spectres family, you form part of a long line of kin that have represented Nunawading Basketball both here and abroad. Please take some time when you are next at Nunawading Basketball Centre to view our incredible Hall of Fame located at the end of Court 1.

We boast a proud history but are firmly focused on the present and how as a program we can best serve our people in their basketball pursuits. In accepting a position within the Nunawading Spectres program, you acknowledge and welcome the expectation and commitment to excellence that comes with representing Nunawading Basketball.

As a representative program, the Nunawading Spectres contest the Victorian Junior Basketball League (U12, U14, U16, U18, U20), the Big V – Victorian Youth Championship (U23) and NBL1 competitions, offering opportunities to compete in state and national level leagues and selected tournaments across the year.

Representative basketball does require a large commitment by yourself and your family, but it also offers an opportunity to share in many rewards. Lifelong friendships and connections can be formed during you time with the Nunawading Spectres - we encourage you to become involved within your team and the larger program.

I wish you the very best for the year ahead and look forward to sharing the joy and success with you as we navigate our way through the seasons.

VAW

Reg<mark>ard</mark>s,

Paul Flynn Chair, Nunawading Spectres Representative Program

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#### **IMPORTANT INFORMATION FOR BOTH PLAYERS AND PARENTS**

This handbook is continually being updated due to COVID-19 and other restrictions in place in 2021/2022. Please ensure you are reading the latest version by checking the date on the front of the handbook and the latest version available on the website.

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# **1.0 Meeting Schedule**

During tryouts and following team selection, we will schedule several meetings to keep our players, families and volunteers up to date and informed on the year ahead. At this stage, due to current restrictions, all meetings are yet to be confirmed and will likely be held online via Zoom or similar platform.

For parents new to Spectres or Rep Basketball, please ensure you organize a conversation Nunawading Spectres Representative Program Administrator Simone Hallett if you have any questions regarding the representative program and commitment required. Committee members will be available to chat with parents outside during all tryout sessions.

If you would like a conversation but have been unable to find anyone, please email jspadmin@nunawadingbasketball.com.au to organize a time.

## **1.1 Playing Representative Level Basketball**

The Nunawading Spectres provide an opportunity for aspirational players who wish to enhance their skills by competing in higher levels of basketball competition. This is called Representative Basketball or Rep. The Victorian Junior Basketball League (VJBL) is run by our sports state governing body, Basketball Victoria.

The Nunawading Spectres seek to introduce players to elite level basketball. Our appointed coaches are committed to the task of holistic player development. Development occurs through a combination of team and individual training, playing time and personal maturation. Playing time is not guaranteed, nor should an equal share be anticipated but rather measured over a complete season.

#### **MEBA - Participation Policy**

As highlighted in our welcome, the Nunawading Spectres is the representative program of the MEBA. It is therefore a requirement that all players who represent the Nunawading Spectres (U12-U18) are registered and consistently playing with an MEBA Junior or Senior Domestic team in both the summer and winter seasons - competitions are available mid-week and on Saturday's.

New players to our program will have until the new winter domestic season to make suitable arrangements to register and play.

The Nunawading Spectres in collaboration with our MEBA domestic clubs and competitions regularly validate players on this requirement. Should a player be found not to be registered and actively playing in MEBA domestic competition, they will no longer be eligible to represent the Nunawading Spectres until this is rectified. Registered and playing means that the player is playing regularly enough to qualify for finals and is attending any training requirements that the domestic club has in place.

Any request for exemption from this policy must be applied for in writing. Written exemption requests must be submitted to the Junior Spectres Administrator for consideration, no later than December 31<sup>st</sup>, 2021.

A copy of this policy in full is also available by emailing jspadmin@nunawadingbasketball.com.au or can be viewed on <a href="http://www.nunawadingbasketball.com.au">www.nunawadingbasketball.com.au</a> under the Spectres dropdown menu.

## **1.2 Playing Times and Venues**

Representative basketball is played every Friday night with the exception of the school holidays. Game times start from 6.30pm for the younger age groups (very occasionally VJBL may schedule 6.00pm start times) through to a 9.40pm start for the older age groups.

In 'normal' times, the rep-season is played over a 12-month calendar, commencing with tryouts in October, and games starting in mid-November and running thru to September the following year. For the 2021/2022 season, the calendar has been adjusted and will aim to commence December 2021 and run through to September 2022.

There are 3 Phases of competition played throughout the year:

- a. Practice Matches/Pre-Grading (November 2021)
- b. Grading Season (December 2021 February for 2022)
- c. Championship Season (March 2022 September 2022)

When you accept a position with the Nunawading Spectres, you are agreeing to be available for all scheduled VJBL (Grading / Regular Season / Finals) games and compulsory tournaments throughout the year. Should you anticipate any period of absence or unavailability, please advise the Director of Coaching and Nunawading Spectres Representative Program Administrator immediately as this may affect team selection.

Nunawading Spectres teams play their home games at Nunawading Basketball Centre and Sportlink (Vermont South).

In general, teams will play games on a "home and away" basis which in previous years have included teams from regional Victoria. At present we do not know the travelling requirements for 2022 season, however this may mean travel throughout the season to any but not limited to: Dandenong, Diamond Valley, Frankston, MSAC (Albert Park), Eltham, Coburg, Sandringham, Keilor, Knox, Broadmeadows, and Bulleen. There may be longer trips to play against country teams i.e.: Geelong, Warragul, Traralgon, Bendigo, Ballarat etc.

## 1.3 Training

Compulsory team training sessions are conducted on Sunday mornings throughout the season and are for a minimum duration of 1.5\* hours. Teams will also have a midweek training session, which are held between 5.00pm and 9.30pm for a minimum duration of 1 hour\*. This session will be arranged through the coach as to what best fits the team. Midweek training/games with your domestic club / team are to be prioritised and must be discussed with your coach. (\*Subject to coach and court availability)

All players are expected to attend every Nunawading Spectres training session and scheduled games (including injured players). If you are unable to attend a session/game, you must phone your coach or team manager prior to the session.

Training sessions run from November through to September with midweek sessions occurring every week during normal school terms. Sunday trainings (practice matches or organised team activity) occur weekly apart from public holidays, the first and middle weekend of school holidays and from mid-December to mid-January.

Mid-week training times/days will be notified following finalisation of teams and liaison with coaches as to their team requirements.

To assist with keeping costs for families down in 2022, all training sessions will be on shared courts.

There is significant work done to schedule the Sunday training sessions and sometimes training will clash with other sports. There will be no changes to our schedule once completed (except due to unforeseen circumstances relating to coaching staff only or as noted below), so please take this into consideration prior to attending tryouts and accepting a place in a team.

Note that Sunday team training is compulsory for every player.

This year we are using the following venues for Sunday Trainings – Nunawading Basketball Centre, Forest Hill Secondary College and Sportlink. Teams will have a shared court for a 1.5-hour session. Teams may rotate venues on a term-by-term basis to enable all teams to train at different venues over the course of the year.

If the coach of your team requires EXTRA training sessions outside of the allocated hours, then it MUST be sought through Nunawading Basketball CEO, Mark Hallett – 9802 6711. All extra trainings must be paid for in advance. Any costs incurred in holding extra training sessions are to be covered by the team. Team Managers will be advised of this cost and are to collect the extra money from families as required.

## **1.4 Tournaments**

During the year, Nunawading Spectres enter all teams into selected tournaments. With the uncertainty presented by Covid-19 and associated government restrictions, tournament registrations have not been factored into your Nunawading Spectres fee's. As such a Tournament Levy will be payable once the events calendar has been confirmed.

As a program, we require all teams enter both the.

- 1. January Tournament (Australia Day weekend) Tournament: Eltham / Dandenong Junior Basketball Tournament
- 2. June Tournament (Queen's Birthday weekend) Tournament: Nunawading Spectres Tournament or National Junior Classic (qualification only)

The success of our own Nunawading Spectres Tournament is dependent on the willingness of volunteers to be involved with the planning and running of the event. It is required that all parents will fulfill rostered 'duty' for approximately four (4) hours during the Nunawading Spectres Tournament at one of the host venues.

Participation in additional tournaments (local and/or interstate) is available for consideration but will be up to the appointed head coach and team, in consultation with the DoC and Nunawading Spectres Representative Program Chairperson to decide whether to attend these events.

In 2022, coaches must consider physical and mental health along with the added financial burden before committing their team to an interstate tournament. These events are at an additional cost that the team pays.

## 1.5 Events

## **Photo Day**

The program will hold its Annual Photo Day early next year, with dates and times TBC. This is a fantastic event that provides a symbolic representation of who we are, whilst emphasizing the larger body that we belong to. It is expected that all players and coaches attend in full game-day uniform. Team and individual photos will be taken and available for purchase and we hope that we can re-introduce our whole program photo, bringing every Nunawading Spectres team together on Court 1 - Team Managers will provide details closer to the day.

## **Presentation Day**

The 2022 Junior Spectres Presentation Day will be held towards the end of the 2022 VJBL season – details TBC.

At Presentation Day we present one player from each team with the Spirit of Spectres Award as chosen by their coach. The afternoon is also the Graduation for our Top Age Under 18 Players, with two of these players being chosen for the Keith Jenkins Medal as selected by our DoC. Prestigious coaches' awards will also be presented.

## 1.6 Contacts

Primary Contact: Program Administrator	Simone Hallett	jspadmin@nunawadingbasketball.com.au
Other Contacts:		
Chairperson	Paul Flynn	paul@nunawadingbasketball.com.au
Director of Coaching	Tamie Harvey	tamie.harvey@education.vic.gov.au

Treasurer	Mark Hallett	mark@nunawadingbasketball.com.au
Uniform Coordinator	Lorraine Baxter	jspuniforms@nunawadingbasketball.com.au
General Committee	Kerrie Froese	kerriefroese@optusnet.com.au
General Committee	Michelle Whitehead	michellewhitehead20@bigpond.com
General Committee	Jeanine Innes	jeanineinnes@optusnet.com.au
General Committee	Luke Van Rijn	lukevanrijn23@gmail.com

\*Please note that any queries MUST first come through our Program Administrator who will then forward to the appropriate person/s.

#### Under no circumstances are any players, parents, coaches or team managers to contact VJBL directly.

## 1.7 Fees

It costs a significant amount of money to provide a quality program and it is the policy of the Nunawading Spectres that all representative players pay their fees. We acknowledge that the financial landscape has been difficult for many due to Covid-19 lockdowns and restrictions on people's ability to work. A significant body of work has gone into keeping our fees as low as possible to assist families as best we can in their financial recovery.

Please be advised that the Nunawading Spectres Registration fees for the 2022 season will be \$550 per child. (Inc. GST).

\$300 will be due by 28<sup>th</sup> November paid through PlayHQ. \$250 will be due by 4<sup>th</sup> February paid in person at Nunawading Basketball Centre.

There will be no other payment plans available.

The registration acceptance link will be emailed upon finalisation of teams and constitutes acceptance of your place in the Nunawading Spectres Program for 2022 season as well as payment of the first instalment, or full payment. If this acceptance is not received by the time specified, the player will not be accepted into the program and their place may be offered to another player.

#### **Registration Fees Include:**

- Team Registration & Coach Honorarium
- Specialist Coaching & Development
- Midweek & Sunday Training Court Hire
- QBT is included as we don't charge our teams and pay for classic

#### **Registration Fees Do Not Include:**

- Additional Training over allocated times
- Weekly Team Sheet Fees. VJBL will be cashless for 2022. There will be no door entry and we expect the team sheet fee will be a minimum \$120 (VJL), \$130 (VC) TBC
- Stadium Entry There will be no stadium Entry. ALL Venues will be cashless.
- Uniform
- Tournament Levy incl. January compulsory events
- Non -compulsory events

**NOTE**: If a player accepts a position within the Nunawading Spectres, they will be bound by the fees as listed and **no refund** will be given at any stage once the player has accepted their position. This will cover all reasons including injury. This is due to acceptance of a position precluding a possible other player from playing.

#### Fundraising

For the 2022 season, the Nunawading Spectres Program will be required to complete one fundraising project, this being our own JSP QBT Tournament Raffle. Each Family will be expected to fully sell one \$30 book (15 tickets x \$2).

As per our "Under 14 National Policy", the G14.1 and B14.1 teams may be required to undertake other fundraising activities.

# 1.8 Training Only & 11<sup>th</sup> Players

#### **Training Only**

Occasionally coaches will select a player as a 'Training Only Player' to enable the player continued development within our elite environment. Training Only positions are offered to those players who, with a season of training will gain greater knowledge of the requirements of representative basketball and put them in good stead for the following season. There is no guarantee that by accepting the Training Only position, that this will help in the selection process for the following season. The following information outlines the responsibilities and the commitment involved in being a Training Only Player.

As a Training Only Player, you are expected to commit to both weekly training sessions.

- You are to welcome to attend the games, but this is not an expectation
  - You will not be able to sit on the bench at games
  - You cannot play in any games or Tournaments
  - You will not be registered with VJBL
  - The Fees for a Training Only Player will be \$330 for the season
  - Training Only Players are required to purchase the Training Uniform only. No additional player uniform items can be purchased.

### 11<sup>th</sup> Players

The below information will outline the responsibilities and the commitment involved in being that 11<sup>th</sup> player in a team. As you are the 11<sup>th</sup> player, there are NO guarantees on the amount of court time you will receive in any games played. You will have the opportunity to play with your team if another player is away, injured or unwell but this is at the discretion of your coach.

- As the 11th player, you are required to attend both weekly training sessions.
- You are expected to attend games, sitting on the bench with your teammates
- You do not play on a rotational basis
- You can play for injured/unwell/absent players if your coach requires you to. This is at the discretion of your coach.
- You can play in Tournaments your team is registered to participate in (at the direction of your coach)
- You will have to contribute to team Sheet fees on a "per game played" basis (the fee will be determined by the team)
- You will be registered with VJBL

The registration fees for being the 11<sup>th</sup> player will be \$495 for the season. You will also be required to have a FULL uniform.

There is no guarantee that by accepting the position of the 11<sup>th</sup> Player, that this will help in the selection process for the following season.

## 1.9 Uniforms

For the upcoming 2022 VJBL season, all Nunawading Spectres teams will be moving into our new uniform design – meaning all players will be required to purchase at minimum the Compulsory Pack.

All Nunawading Spectres players, both playing and training must be in full uniform at all times when representing the program. This includes playing uniform and warm up top at all games. No streetwear or other Nunawading Spectres or Nunawading Basketball apparel and/or merchandise items are to be worn to games or training.

If players are not in correct full uniform, they cannot take to the court to train or play.

For the 2022 season, all uniform orders will be done in-person once team selections have been finalised. Size kits will be available to try on and a member of the Nunawading Basketball administration team will be present to assist.

All items must be fully paid for at the time of ordering. As this is a program wide rollout and acknowledging that we are returning from two years of Covid interruptions, to assist our Nunawading Spectres families all packs are being offered at wholesale pricing.

Compulsory Pack - \$225	Pro Pack - \$295	Fully Loaded Pack - \$345
Reversible Playing Singlet	Reversible Playing Singlet	Reversible Playing Singlet
Pro Cut Playing Shorts	Pro Cut Playing Shorts	Pro Cut Playing Shorts
Warm Up Top	Warm Up Top	Warm Up Top
Hoodie	Hoodie	Hoodie
Reversible Training Singlet	Reversible Training Singlet	Reversible Training Singlet
Training Shorts	Training Shorts	Training Shorts
	Socks	Socks
	Backpack or Duffle	Backpack or Duffle
	Water Bottle	Water Bottle
		Trackies

\*The Uniform Coordinator will supply the Team Manager a blood singlet for players to wear in games when required during the season.

It is a requirement that all Spectres players own a foam/firm roller (excluding Under 12's).

Foam Rollers will also be available for purchase **from Nunawading Basketball Centre** starting from \$35 for the soft roller and \$45 for the firm roller.

All uniform matters must be to be directed to our Uniform Coordinator: Lorraine Baxter – Jspuniforms@nunawadingbasketball.com.au

## 1.10 Sanitation and CovidSafe Plan

As the Covid19 situation is always changing we have provided links for you to keep up with the latest news and information. https://www.dhhs.vic.gov.au/how-stay-safe-and-well-covid-19 https://basketballvictoria.com.au/covid-19/return-to-sport-updates-for-participants/ https://basketballvictoria.com.au/covid-19/return-to-sport-updates-for-associations-and-clubs/

At the current time, all venues are required to track all individuals who enter for contract tracing purposes. All venues will have a QR code or other check-in type system. It is a requirement that everyone adhere to this check-in systems at all venues. If you do not wish to provide your details, please do not enter the venue. Please do not abuse venue staff who are tasked with the important role of Covid compliance and trying to keep everyone safe.

#### Key points

To keep yourself, your friends and your family safe there are four key actions that Victorians are being asked to continue:

- Stay at home and get tested if you have symptoms of coronavirus (COVID-19), however mild.
- Practice good hygiene wash your hands and cough and sneeze into a tissue or your elbow.
- Keep your distance stay 1.5 meters away from anyone you don't live with.
- Wear a face mask when you leave home.

Nunawading Basketball Centre has its own CovidSafe Plan in place and are fully committed to providing a safe environment for members (staff, volunteers, players, families and spectators) and the wider community. We are committed to providing quality practices in line with guidance available from Sport Australia, Basketball Victoria, Whitehorse Council, the Victorian Government, Department of Health and Human Services and other relevant authorities applicable to us. A copy of the full CovidSafe plan can be provided upon request.

We acknowledge that basketball in a pandemic is a privilege, not a right. We all need to ensure we are doing the right thing to ensure the safety of players, volunteers, officials, and the local community.

We also acknowledge the key dates and conditions outlined within the Victorian Government's Roadmap to Reopening and other announcements from time to time will be followed as we resume basketball training and competition and we commit to adhering to the latest advice from Basketball Victoria, Whitehorse Council and the Victorian Government / DHHS in this regard.

Basketball Facilities and Associations play an important role in:

- Reducing the spread of COVID-19.
- Promoting good hygiene amongst participants and patrons.
- Adhering and promoting the Victorian Government requirements around social distancing; and
- Following the clear protocols and requirements around returning to train and play.

#### **Mental Health and Support Resources**

We know times have not been easy for many so please remember to look after yourself and others during this time, and always ask for help if you need it.

If you are struggling the following services are available:

- National Coronavirus Helpline: 1800 020 080
- Lifeline on 13 11 14 and in an emergency, always call triple zero (000).
- Beyond Blue 1300 22 4636
- Kids Help Line 1800 55 1800

# 1.11 Team/Player/Spectator Conduct

#### **Team Conduct**

If you have a query or concern regarding the conduct of your team or someone in the team, please adhere to the following protocol.

Firstly, please respect that everyone in the Nunawading Spectres program is doing their best to contribute to a successful program. Please approach the relevant contact person with respect, always seeking a constructive discussion.

- 1. If the query is of an administrative nature, your Team Manager will try to provide you the answer.
- 2. If the query relates to team selection, game management, bench time etc.
  - a. Please ask your Team Manager to schedule a meeting with your Team Coach. This contact must NOT be commenced for a period of 24 hours from the completion of a game or training.
  - b. If, after implementing the suggestions of the Team Coach for a period of at least 14 days, you are not satisfied with the outcome of the meeting you can request that the Team Manager arrange a meeting with the Age Group Head Coach.

c. If, after implementing the suggestions of the Age Group Head Coach for a period of at least 14 days, you are not satisfied with the outcome of the meeting you can request that the Team Manager arrange a meeting with the Nunawading Spectres Representative Program Chairperson. The Nunawading Spectres Representative Program Chairperson can attend a meeting with you or arrange for another Nunawading Spectres Representative Program Committee person to attend a meeting.

At all times, we encourage that you present your query, listen and then support the meeting outcomes moving forward.

In a small number of cases each year the process above is not followed. Moving forward the decision has been made to strictly enforce these steps. If a player or parent does not respect this process or makes contact within 24 hours of the completion or a game or training, a first warning will be issued. If the behavior continues, sanctions, such as game suspension will follow.

During the process outlined above the player, parents, coach and administrators are encouraged to deal with all queries in a constructive and informal manner. In the unfortunate situation that the query cannot be resolved informally you can make a formal grievance through the Spectres Grievance Policy (available via email from the program coordinator or download from the website) which must be strictly followed.

When permitted, we encourage all parents to attend games and training sessions to share the enjoyment of the game and to gain a greater understanding of the team and program objectives.

#### **Technical Fouls**

#### Behavioral Tech Foul Penalties Coaches, Assistant Coaches & Players – VJBL Policy

- Coaches, assistant coaches and players who receive behavioural technical fouls in 3 or more games during the VJBL playing calendar year will have the following penalty applied.
  - Tech Fouls in Three Games: Automatic 1 Game Suspension
    - Tech Fouls in Four Games: Automatic 2 Game Suspension
  - Tech Fouls in Five Games:
    - Automatic 4 Game Suspension
  - Tech Fouls in Six Games:
- Automatic 6 Game Suspension

#### Nunawading Spectres VJBL Policy

The Nunawading Spectres introduced an internal suspension for players and coaches once they receive a behavioral technical foul in two games (as advised by VJBL). This suspension will take place following notification from VJBL of any player or coach that receives a technical foul in two games during the season (encompassing grading, championship and finals). Players/Coaches will be notified by the JSP administrator and will be unable to play/coach the next game immediately following notification. Players & Coaches must continue to attend trainings. Following the internal suspension players can immediately return to playing/coaching and if they receive a 3<sup>rd</sup> technical foul, the VJBL suspension will apply.

#### VJBL Spectator Requirements

- At no point before, during or after a game are spectators permitted to approach a referee, coaching staff or team manager
- All spectators must abide by the BV Spectator Code of Conduct.
- If asked to leave the venue by a venue official, spectator/s must do so immediately, or reports and loss of games may be applied.

#### **VJBL Spectator Penalties**

- Reportable Offences
  - After reviewing the Spectator Behavior Jot Form (and Tribunal Report Forms where completed) the following procedures will be followed:

If a formal report is not submitted, a review of the Spectator Behavior - Jot Form may indicate a formal report is required.

- Basketball Victoria's Governance & Operation Manager or VJBL Operations Manager will ask the Referee and/or Venue Official to complete a formal report.
- Once the report is received, an offer may be made by the Basketball Victoria Governance & Operations Manager, or the report will be sent directly to the tribunal.

• Alternatively, the Basketball Victoria's Governance & Operation Manager may direct the VJBL Administration to apply appropriate penalties as stated below.

#### • Non-Reportable Offences

- The MUVJBL Administration will issue a warning for the first offence.
- The MUVJBL Administration will apply an automatic suspension of one MUVJBL game for the second offence.
- The MUVJBL Administration will apply an automatic suspension of three MUVJBL games for the third offence.
- The MUVJBL Administration may ban the spectator from attending MUVJBL games for 12 months for any further offences. Once a spectator has served their penalty, they will be required to serve a 12-month good behavior bond before resetting penalties to zero.

#### • Team Penalties

It is the team's responsibility to ensure that all spectators abide by the Basketball Victoria Codes of Conduct and By-Laws. Penalties will be applied to the team involved with unacceptable spectator behavior.

- First Offence The team will receive a warning.
- Second Offence The team may lose home games.
- Third Offence The team may have home games moved to a venue designated by the MUVJBL Administration.
- Fourth and Further Offences The team may be removed from the competition.

These Offences may be committed by more than one spectator to count against the team.

Unsportsmanlike behavior will not be accepted from players or from parents/spectators. Nunawading Spectres will uphold the Basketball Victoria Codes of Conduct at all times. The MEBA board has ratified a 3-strike policy for breaches of the Basketball Victoria code of conduct. This policy is available on the Nunawading Basketball website or by emailing the Representative Program Administrator. Representative committee has a process in place to review and investigate any reported breaches. Please report any breaches directly to the Representative Program Administrator. We suggest everybody familiarise themselves with the BV codes of conduct

Please read the Basketball Victoria 'Players' Code of Conduct' and the 'Parents' Code of Conduct', this can be found at the following link: http://basketballvictoria.com.au/wp-content/uploads/2016/02/BV-ALL\_Codes\_of\_Conduct.pdf

Note: VJBL Policies are set by VJBL and therefore may be subject to changes that we are not currently aware of.

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## 1.12 Player Welfare

Nunawading Spectres are committed to supporting the physical and mental wellbeing of each player. Nunawading Spectres consider the term 'injury' to include all physical injuries as well as mental health issues. As such the term 'injury' includes physical injuries which can range from soft tissue strains and tears, joint pain and damage through to serious injuries such as concussions. Injury also includes mental health issues such as anxiety, stress, depression and serious disorders.

At all times the Nunawading Spectres, the player and parents must deal with injuries in the following manner:

If a player suffers an injury, it must be immediately reported to the team head coach. The player must immediately cease any activities (incl. training and playing) that are, or may be, contributing to the injury. The player must seek professional assistance from a relevant health professional (e.g., physiotherapist, doctor, psychologist etc.). The player will be released from participating in training and games during his or her treatment. If the injury is not exacerbated by attending training and games the player is encouraged to attend and support his or her team (whilst not physically participating).

When a health professional considers the injury to be dealt with in such a way that the player can resume training and playing, a medical certificate will be required to be delivered to Nunawading Spectres. The Nunawading Spectres consider it best practice that a player resumes his or her role in the team by training for 2 weeks prior to commencing game play. This period can be extended should the coach, player or parents consider it an advantage to have a longer period of training prior to games recommencing.

In the instance of a serious head knock during a game or training the player must cease training or playing immediately and not re-commence. The player must not train or play again until a medical practitioner clears him or her of concussion. The Basketball Australia guidelines must be always followed for head injuries and are set out as follows; <a href="https://australia.basketball/wp-content/uploads/2014/05/Concussion-Guideline.pdf">https://australia.basketball/wp-content/uploads/2014/05/Concussion-Guideline.pdf</a>

#### **Medical Certificates**

VJBL rules outline requirements for player qualification for finals:

- 5. Player Qualification
  - 5.1 Qualification for Finals:

To be eligible to represent a team in finals, a player must play a minimum of 40% of games with that team. In the case that 40% would not be a round number then the total will be rounded up (i.e., 7.2 games would become 8 games). This ruling is applicable across all division of the Victorian Junior Basketball League as well as the Regional Grades.

5.1.2 Demonstration of Games Qualification

For the sole purpose of game qualification, a player shall be considered to have played in that particular game when the player is in uniform and able to take the court and signs the back of the scoresheet in a manner that permits identification, in his/her own hand on the day of the match, beside their name in BLOCK LETTERS.

5.1.3 Exemptions: (Finals)

If a team can convince the VJBL Administrator, they cannot field eight (8) qualified players for VJBL Grades and seven (7) qualified players for VJL/Regional Grades the Administrator may grant permission for a player from a lower grade or age group to play. The player from the lower age group must not be from a higher grade.

Medical certificates may be accepted as evidence of injury/illness and can be used for exemption to game qualification criteria only if the medical certificate is submitted WITHIN FOURTEEN (14) DAYS OF THE DIAGNOSIS/INJURY.

# **1.13 General Information**

#### **Volunteering Information**

Players and Parents will be required to provide assistance for our hosted Tournament in June 2022.

 Teams (parents) will be rostered on duty to help with our June (Queens Birthday) Tournament. Tournament rostering will involve approximately 3-4 hours of duty over the June long weekend. Duties may include court sweeping, administration, court supervision and general overseeing of the venue. All families are required to participate.

#### **Helping with Scoring**

All parents must hold a current Working with Children's Card and are expected to score at Friday night matches during the season. The Team Manager will arrange someone to sit with you if you are not a confident scorer. Scoring in basketball is a great way to learn about the game. Scorers are not provided at venues (except for some finals games), and so each team must provide a scorer for each game. The coach cannot do it, the Team Manager has his/her hands full organising the team sheet and players, so it is up to the parents to pitch in and help, even if you have not scored before.

Scoring is a necessary part of the game and should be performed by competent scorers. The Team Manager will usually draw up a scoring roster for the Team's games and all parents are expected to take their turn - if you have not scored before, a competent scorer will be able to help you when it is your turn.

As many VJBL games employ a "24-second shot clock" rule, it may also be required that a person help operate the "shot clock" during those games played at Spectres home venue(s).

#### **Inter Venue Passes**

There is no requirement for Inter Venue passes from 2022 as there is no individual entry fee. Entry fees are now incorporated into the Team Sheet Fee.

#### Websites

 NUNAWADING SPECTRES
 www.nunawadingbasketball.com.au

 MELBOURNE EAST BASKETBALL ASSOCIATION
 www.nunawadingbasketball.com.au

 NUNAWADING SPECTRES NBL1
 www.nunawadingspectres.nbl1.com.au

 BASKETBALL VICTORIA
 www.basketballvictoria.com.au

 VJBL
 www.vjbl.com.au

#### SPONSORSHIP

The club is always on the lookout for potential sponsors.

If you, or someone you know may be interested in the prospect of promoting a business to over 300 families within the club as well as approximately 17,000 players, parents, spectators who come to the Melbourne East Basketball Association games each week, then please contact Paul Flynn (paul@nunawadingbasketball.com.au or 9802 6711) to discuss a proposal. There are many sponsorship opportunities available that can be tailored to suit your needs.

#### **Nunawading Spectres Pathway**

Whilst our Nunawading Spectres representatives 'graduate' following their top age U18 season, the Nunawading Spectres Representative Program continues to provide a pathway beyond what is traditionally considered junior basketball.

The Nunawading Spectres also field teams in the following leagues / competitions each serving an important role in your development pathway – which may include collegiate basketball in the USA or transitioning into a professional setting.

- U20 VJBL
- Big V Victorian Youth Championship (U23)
- NBL1

All appointed senior coaches are committed to working with junior players and their coaches as part of their identified individual player development plan. Players are encouraged to attend as many senior games as possible.

# 1.14 Nunawading Junior Spectres Calendar 2021/2022

I I A W

Pending confirmation from VJBL

# 1.15 VJBL Calendar 2021/2022

Pending confirmation from VJBL